Handbook of the Streets

Saint Paul

2024–2025
18th Edition

A Resource Guide for People in Need

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prepared by

agate
housing + services

Hotlines/Emergency Phones

Coordinated Access to Housing and Shelter *(see pages 11–12)*
Single Adults: 651-647-2350, option 7
Families: 651-215-2262
Provides: Housing & support services for Ramsey Co. single adults and families who are homeleess or at risk of becoming homeless.

Cornerstone *(see page 12)*
24-Hour Crisis Phone: 952-884-0330, toll-free 1-866-223-1111, or text to 612-399-9995.
Provides: Crisis advocates and trained volunteers are available to talk confindentially with anyone experiencing domestic violence, sexual violence or human trafficking.

Crisis Text Line
Text MN to 741741 to be connected to a counselor who will help diffuse a crisis and help connect to local resources.
Hours: 24 hours a day, 7 days a week

Metro Shelter Hotline *(see page 11)*
Phone: 1-888-234-1329

Minnesota Food Helpline *(see page 7)*
Phone: 1-888-711-1151 *(Multilingual assistance is also available)*
Provides: Statewide food resource information & referral helpline. Assists in locating food resources (food shelf and/or hot meal).

Ramsey County Crisis Outreach *(see page 41)*
Phone: 651-266-7900
Provides: 24/7 assessment, referral and mobile outreach for adults in Ramsey County experiencing a mental health crisis.

SafeZone *(see page 10)*
Phone: 651-224-9644
Provides: Housing & support services for Ramsey Co. youth who are homeleess or at risk of becoming homeless.

Suicide Prevention
Phone or Text: 988.

United Way 2-1-1
Phone: 211 or 651-291-0211 *(cell phone users must dial whole number)*
Referrals to social services and other community resources

Women's Advocates *(see page 13)*
Phone: 651-227-8284
Live Chat: www.wadvocates.org/find-help/
Battered women's shelter hotline

Youth Services Network
Website: www.ysnmn.org
Provides: Resources for youth to find shelter and services.

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Acknowledgments

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We are grateful to volunteers Jenna Fadlalla, Cheryl Meyers, and Wendy Thompson for making many phone calls to update agency information throughout the book.

Thanks to Rebecca Anderson from The Salvation Army district headquarters and Therese Gales from Catholic Charities who helped update their many listings in the handbook. Special thanks to Nat Case and Tom Hedberg for creating a new downtown map for this edition.

If you find errors or omissions in this book, or have any other suggestions for future editions, please call me at 612-870-2283 or send an e-mail to me at mike.menner@agatemn.org so that we may continue improving the handbook.

Mike Menner
Agate Housing and Services
January 2024

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Section 1. The Essentials

A. Clothes Closets

Alley Shoppe
1115 Greenbrier Street, St. Paul MN 55106 *(Arlington Hills Lutheran Church)*
Phone: 651-771-5501 ext. 100
Hours: Walk-in on Tuesdays 9:30 am–1 pm. Open September–May. Closed holidays.
Remarks: Free clothing, bedding and small household goods, toy giveaway in December. Eligibility determined by clergy, schools, social workers, financial workers, Catholic Charities, Eastside Family Center or The Salvation Army.

Department of Indian Work
3080 Centerville Road, Little Canada MN 55117
Phone: 651-789-3849
Hours: By appointment only. Monday 1–6 pm; Tuesday–Thursday 9:30 am–2:30 pm. Closed Fridays.
Remarks: Only serves Native Americans.

Joseph's Coat
1107 West 7th Street, St. Paul MN 55102
Phone: 651-291-2472 ***Website:*** www.josephscoatmn.org
Shopping Hours: Monday and Wednesday 9 am–3 pm by appointment only. Call to schedule, and check their website for new protocol measures and possible schedule changes.
Remarks: Clothing, small household items, and personal hygiene items. Can come once a week; photo ID required.

Union Gospel Mission Twin Cities–Donation Center
435 University Ave E, St. Paul MN 55130
Phone: 651-789-7606
Remarks: Free clothing and personal hygiene items available for men staying at Union Gospel Mission Twin Cities.

The following provide clothing and furniture at low cost:
Goodwill
1239 University Avenue West, St. Paul MN 55104
Phone: 651-646-0377 ***Website:*** www.goodwilleasterseals.org
Hours: Monday–Saturday 10 am–7 pm; Sunday 11 am–6 pm. Donations accepted up to one hour before closing.
Remarks: Check the website or call for other locations. There are more than 30 Goodwill stores across the metro area.

St. Vincent dePaul Society
461 West 7th Street, St. Paul MN 55102
Phone: 651-227-1332 ***Website:*** www.svdpmpls.org
Hours: Monday–Friday 9:30 am–5 pm; Saturday 9:30 am–3 pm. Closed Sunday.
Remarks: Low-cost items (not free).

The Salvation Army Store
1907 Suburban Avenue, St. Paul MN 55119
Phone: 651-731-7893
Hours: Monday–Saturday 9 am–9 pm. Open Sundays 12–5 pm to receive donations only.

B. Food Resources

Department of Indian Work
3080 Centerville Road, Little Canada MN 55117
Phone: 651-789-3849
Hours: By appointment only. Monday 1–6 pm; Tuesday–Thursday 9:30 am–2:30 pm. Closed Fridays.
Remarks: Only serves Native Americans.

Hallie Q. Brown/MLK Center
270 North Kent, St. Paul MN 55102
Phone: 651-224-4606
Hours: By appointment. Monday–Friday 9 am–5 pm by appointment only. Fresh produce and breads available.
Remarks: May use twice a month for those in service area. Also have food shelf delivery available.

Keystone Community Food Center
1800 University Ave. W., St. Paul MN 55104
Phone: 651-917-3792
Hours: Walk-in only, first-come first-served; Monday, Tuesday, Thursday & Friday 10 am–12 pm and 2–4 pm; Wednesdays 4–7 pm.
Eligibility: To be eligible for Keystone food shelf services, you must: Establish a need; have an income within 200% of the federal poverty guidelines; live in the Keystone service area, from downtown St. Paul to Roseville, from Little Canada to Midway and North End areas of St. Paul.

Merrick Community Services
1669 Arcade Street Suite 4, St. Paul MN 55106
Phone: 651-287-2088
Drive-thru Hours: Monday 3–5 pm; Tuesday 10 am–12 pm at door 2A.
In-person Shopping: Wednesday & Thursday 10 am–12 pm at door 3.
Remarks: Call to register before first visit.
Service Area: East Side St. Paul residents who live in Merrick's service area.

Minnesota Food Helpline
Phone: 1-888-711-1151 *(Multilingual assistance is also available)*
Hours: Monday–Friday 8:30 am–4:30 pm.
Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application. Assists callers in locating food resources in their own community such as a food shelf and/or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children and NAPS (Nutrition Assistance Program for Seniors).

Neighborhood House
179 Robie Street East, St. Paul MN 55107
Phone: Service Connect Number: 651-789-3602
Remarks: Call Service Connect number for hours and information.

Ralph Reeder Center
2544 Mounds View Blvd., Mounds View, MN 55112 *(Silver View Plaza)*
Phone: 651-621-6280
Schedule online: https://form.jotform.com/221664071376153
Hours: Appointment only. Call Monday–Friday 9 am–3 pm to set an appointment. Appointments are available during the day Monday through Friday, as well as Tuesday evenings.
Service Area: New Brighton, Mounds View, Shoreview, North Oaks, Arden Hills, Northern Roseville, and a small section of Vadnais Heights.
Remarks: Clients may use food shelf twice a month. Request that adults bring photo ID. Indoor shopping & curbside pickup available.

The Salvation Army-St. Paul Eastside
1019 Payne Avenue, St. Paul MN 55130
Phone: 651-776-2653
Hours: Tuesday and Thursday 9–11 am and 1–3 pm; Friday 10:30–11:30 am.
Service Area: Larpenteur (N) to Burlington Northern RR tracks and Grove (S); 35E (E) to English and Johnson Pkwy. (W)
Remarks: Culturally specific food available. Can use once a month,

The Salvation Army-St. Paul Citadel
401 West 7th Street, St. Paul MN 55102
Phone: 651-224-4316
Hours: Monday and Wednesday 10 am–12 pm.
Service Area: St. Paul Citadel serves those who live in 55102, 55103, 55104, 55105, 55116, and 55117 ZIP codes.
Remarks: Can be used twice a month.

The Salvation Army-St. Paul Citadel Brown Bag for Seniors
401 West 7th Street, St. Paul MN 55102
Phone: 651-224-4316
Hours: First Thursday of the month 2:30–3:30 pm.
Remarks: Must be 65 years old or older to participate. Open to all ZIP codes.

The Salvation Army-Lakewood Temple
2080 Woodlynn Ave., Maplewood MN 55109
Phone: 651-770-4974 (main); ***Foodshelf phone***: 651-770-0282
Hours: Appointments preferred. Monday–Friday 9 am–2pm.
Service Area: Lakewood site serves Maplewood, Shoreview, North St. Paul, Vadnais Heights, White Bear Lake and Oakdale.
Remarks: Call for an appointment. Culturally specific food available. During COVID can be used weekly. Emergency walk-ins Monday through Friday.

The Salvation Army Free Produce Distributions
Items include fresh produce and other perishable items such as meat and dairy.
The Salvation Army-St. Paul Eastside, 1019 Payne Av., St. Paul
Hours: Tues & Thurs 9–11 am and 1–3 pm; Fri 10–11:30 am.
Remarks: Numbers will be drawn at random to determine when participants may go shopping (not first come, first served).

The Salvation Army-St. Paul Citadel, 401 W. 7th St., St. Paul 55102
Hours: Fri 11 am–3 pm. Open to anyone, first-come first-served.

St. Andrew's Community Resource Center
900 Stillwater Road, Mahtomedi MN 55115
Phone: 651-762-1964
Hours: Monday through Thursday 9:30 am–3 pm.
Remarks: No appointment needed. Also has household goods/toiletries available.

WIC Program (Women Infants Children)
Phone: 651-266-1300
Hours: Monday–Thursday 8 am–6:30pm; Friday 9:30 am–3 pm .
Provides: Supplemental foods, nutrition and breast/chest feeding education for eligible pregnant or post-partum persons, babies and young children. Foods benefits can be used at grocery stores to purchase foods including dairy, iron-rich cereal, fruit juice, peanut butter, dry beans, whole grains, and vegetables.
Qualifications: To be eligible, you must (1) live in Minnesota; (2) be a person who is pregnant, breastfeeding, or have had a baby in the last six months to a year; be an infant, or a child less than 5 years old; (3) be income eligible. If you are on one of the following: Medical assistance, SNAP and/or MFIP, no proof of income is required. Enrollment appointment required.

Woodland Hills Church "The Corner Shelf"
1740 Van Dyke St., Door C, St. Paul MN 55109
Phone: 651-287-3000
Hours: Wednesday and Thursday 10–11:30 am.
Remarks: Everyone is welcome. Upon arrival all you will need to provide is your name, address, date of birth, and how many people are in the household.

C. Free Meals

Breakfast

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102
Serves breakfast seven days a week from 9–9:45 am. (Continental breakfast Monday–Friday, hot breakfast Saturday and Sunday.)

Union Gospel Mission Twin Cities–Men's Campus
435 East University Ave., St. Paul MN 55130
Breakfast served to men 6:30–7:30 am seven days a week.

Lunch

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102
Serves lunch seven days a week from 11:45 am–12:45 pm.

The Salvation Army-St. Paul Eastside
1019 Payne Avenue, St. Paul MN 55130
Hours: Serves lunch Monday, Tuesday, Thursday, and Friday 11:45 am–12:45 pm. Doors open at 11:30 am.

Shobi's Table
Website: www.shobistable.org, community@shobistable.org
Lunch is served Tuesday through Friday (closed during January) from a big blue food truck 12–1 pm at the following locations:

Tuesday: Christ on Capitol Hill, 105 University Ave W.
Wednesday: 1657 Rice Street
Thursday: Faith Lutheran, 499 Charles Ave.
Friday: Allianz Field, 400 Snelling Ave. N.

Union Gospel Mission Twin Cities–Men's Campus
435 University Avenue East, St. Paul MN 55130
Lunch served to men 12–1 pm seven days a week.

Dinner

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102
Serves dinner seven days a week from 4:30–5:15 pm.

St. Andrew's Community Resource Center
900 Stillwater Road, Mahtomedi MN 55115
Hours: Serves dinner Thursday nights from 6–7 pm.

St. Matthew's Church
510 Hall Avenue, St. Paul MN 55107
Phone: 651-224-9793
Serves dinner Monday–Friday 5–6 pm in social hall below church. (Closed on major holidays. During Lent, Monday–Thursday only.)

Union Gospel Mission Twin Cities–Men's Campus
435 University Avenue East, St. Paul MN 55130
Dinner served to men 5:30–6:30 pm. seven days a week.

D. Showers

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102
Showers available during drop-in (9:30–11:30 am and 2–3:45 pm. Need to sign up for a Dorothy Day Center ID card at front desk first.

Union Gospel Mission Twin Cities–Men's Campus
435 East University Avenue, St. Paul MN 55130
Showers available from 11 am–1 pm for men, whether or not they are staying at UGM, and in the evenings and mornings for men staying there. Showers are not available for women.

E. Drop-in Centers

Richard M. Schulze Family Foundation St. Paul Opportunity Center
422 Dorothy Day Place, St. Paul MN 55102
Phone: 651-404-6407
Hours: Seven days a week, 9 am–5:15 pm.
Provides: See page 9 for meals. Physical, mental and chemical health care services are available at clinic; employment training programs and job search assistance; Coordinated Entry housing assessments; access to veterans benefits, SNAP, Medical Assistance and other supports; showers and storage; laundry available Monday–Friday at 9 am free of charge, first-come, first-served.

Listening House of St. Paul
421 East 7th Street, St. Paul MN 55101
Phone: 651-227-5911
Hours: Monday–Friday 12–8 pm.
Provides: A drop-in center providing hospitality and practical assistance, spiritual and emotional support, information and referrals, free local phone, voice mail boxes through Open Access Connections, referrals to mental health outreach counselors; assistance obtaining state ID and birth certificates, twice a month. Socks Project gives socks to those who need them daily; and clothes/hygiene products available daily.

SafeZone
130 7th Street East, St. Paul MN 55101
Phone: 651-224-9644
Hours: Monday through Friday 9 am–6 pm. If you need shelter after 8 pm, call 651-215-2262.
Provides: Drop-in center, assistance with immediate needs, personal care items, case management, housing, jobs, and more.

F. Overnight Shelter

Metro Shelter Hotline
Phone: 1-888-234-1329 (toll free)
Remarks: Provides information about emergency shelter and transitional housing for metro-area single adults, families, and youth.

Single Adults

Coordinated Entry for Single Adults:

Single adults who are 25 years or older, currently experiencing homelessness and not staying in a shelter, will need to complete a housing assessment to determine long-term housing options. Coordinated Entry Assessments are completed at the St. Paul Opportunity Center Monday–Friday 10 am–3 pm. You may also call 651-647-2350 and choose option #7.

Catholic Charities Higher Ground St. Paul Shelter
435 Dorothy Day Place, St. Paul MN 55102
Phone: 651-404-6407
Provides: Dignified shelter for 60 women and 172 men in safe, secured space. The women's shelter (60 bunks) and men's shelter (172 bunks) open at 5 pm and close at 9:30 am; curfew is 10 pm. Each bunk comes with an attached locker.

The Salvation Army Harbor Light Center
1010 Currie Avenue, Minneapolis MN 55403
Phone: 612-767-3100
Intake Phone (Adult Shelter Connect): 612-248-2350
Must be referred to shelter through Adult Shelter Connect.

Emergency Housing: Provides 24/7 shelter, personal hygiene items and meals for single adults experiencing homelessness. *Open to men and women*

Women's Only Shelter: Provides 24/7 shelter, personal hygiene items and meals for single adult women experiencing homelessness. *Open to women only.*

Sally's Place: A secure shelter for single adult women experiencing homelessness offering both night-by-night and 24/7 shelter. *Open to women only.*

SafeBay: A secure shelter for single adult men experiencing homelessness offering both night-by-night and 24/7 shelter. *Open to men only.*

Union Gospel Mission Twin Cities–Men's Campus
435 University Avenue East, St. Paul MN 55130
Phone: 651-292-1721
Remarks: Sign up for emergency shelter before 6:30 pm daily. Showers, clothing, m eals, and support services are available.

Families

Coordinated Entry for Families:
Coordinated Access to Housing and Shelter
Intake: Call United Way 211 at 651-291-0211 to complete an initial eligibility review.
Phone: 651-215-2262 ***Hours:*** 7 am–4:30 pm.
Remarks: Specialists will conduct a further intake assessment to help determine the most appropriate referral for housing / shelter for each family based on the needs of each individual family, and also based on openings as they are available.

St. Andrew's Community Resource Center
900 Stillwater Road, Mahtomedi MN 55115
Phone: 651-762-9124
Intake Hours: Monday–Thursday 8 am–4 pm.
Provides: Shelter and support services for families with dependent children in both Washington Co. and suburban Ramsey Co.

Victims of Abuse and Crime

Cornerstone
24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111. Text to 612-399-9995.
Provides: Emergency housing for individuals or families in crisis who are victims of domestic abuse, sexual abuse or trafficking. Clients also have access to full range of supportive services, including legal, parenting, therapy and transitional housing.

Esperanza United
24-Hour Crisis/Intake phone: 651-772-1611 (bilingual)
Provides: Safe shelter for women and children. Support for LGBTQ community members.
Services: Will help find transitional housing as well as apply for welfare assistance if needed. Community advocacy programs for Latinas also available. Bilingual (English/Spanish) staff.

Women of Nations—Eagle's Nest Shelter
24-Hour Crisis/Intake phone: 651-251-1609 or 1-877-209-1266
Safe shelter for 44 women and children who are victims of domestic violence. Can provide referrals if needed.
Services: Community Advocacy Program provides assistance obtaining Orders for Protection, housing, food, support groups and children's programs.

Women's Advocates
24/7 Crisis Line: 651-227-8284
Live Chat: www.wadvocates.org/find-help/
Provides: We provide 24-hour support to victim-survivors of domestic violence on our 24/7 crisis line and live chat online; secured shelter housing for victim-survivors and their children leaving abuse; advocates who work within the legal system to write orders for protection and other legal documents; advocates who provide childcare and tutoring for children residing in-shelter; advocates who provide support for victim-survivors searching for or maintaining safe, affordable housing
Remarks: Some services are for shelter residents only. Please contact us via the 24/7 Crisis Line or live chat to learn more.

Youth

Ain Dah Yung
1089 Portland Avenue, St. Paul MN 55104
Phone: 651-227-4184 ***Website:*** www.adycenter.org
Provides: Emergency shelter and residential transitional living program for ages 5–17.
Services: In-house counseling is offered for residents and families. After school programming and support services.
Remarks: Call for intake appointment.

The Bridge
1111 West 22nd Street, Minneapolis MN 55405
24-Hour Crisis Phone: 612-377-8800. Text to 612-400-7233.
Provides: 24/7 safe shelter and basic needs for youth ages 10-17 in Resilience House (All genders). Safe shelter and basic needs for pregnant or parenting youth of all genders (ages 15-17) and their children (ages 0-3) in Gloria's Place.
Services: Street outreach, youth support groups, individual, and family counseling, teen parenting programming, specialized case management for crime victims and LGBTQ+ youth.

LSS Safe House
Phone: 651-644-3446 ***Text:*** 612-209-8816
Provides: Safe shelter for youth ages 16–20 (all genders) who do not have a safe place; referrals can be from community youth workers or by self-referral; open 24/7.
Intake procedures: Call the Ramsey County Joint Shelter Line at 651-444-5757 between the hours of 10 am and 10 pm.

The Salvation Army Booth Brown House
1471 Como Avenue West, St. Paul MN 55108
Phone: 651-646-2601
Provides: Shelter, personal hygiene items for homeless single youth, ages 18–21.

G. Transitional & Supportive Housing

Beverley A. Benjamin Youth Lodge
1212 Raymond Avenue, St. Paul MN 55108
Phone: 651-632-8923
Provides: Transitional housing promoting self-sufficiency for up to 6 youth ages 16–21. Geared for Native American youth (but open to all) in need of long-term housing. Independent living skills and job search assistance provided. Youth must be either in school or working to particpate in the program.
Remarks: Sober living facility. Street outreach available.

The Bridge
1111 West 22nd Street, Minneapolis MN 55405
24-Hour Crisis Phone: 612-377-8800. Text to 612-400-7233.
Provides: Transitional housing specifically for pregnant and parenting youth (ages 16-20) and their children (ages 0-3) in Marlene's Place. Intentional living community, providing affordable rental housing and teaching independent living skills ages 18-21 in Rita's House.
Services: Street outreach, youth support groups, individual, and family counseling, teen parenting programming, specialized case management for crime victims and LGBTQ+ youth

Catholic Charities Higher Ground St. Paul Residence
235 West 5th Street, St. Paul MN 55102
Phone: 651-647-2330
Provides:Permanent housing for long-term homeless adults with disabilities, mental illness, chemical dependency, and housing barriers. Social services provided by Catholic Charities and Radias Health. 183 furnished Single Room Occupancy (SRO) units for homeless men and women with shared kitchens and baths. Permanent housing with supportive services for women with substance use disorders (12 units).
Intake: Begin by calling Coordinated Entry for Single Adults, 651-647-2350 and choose option #7. Women's Harm Reduction and MICD units accept community-based referrals, contact intake specialist seneca.kiler@cctwincities.org.

Catholic Charities Dorothy Day Residence
435 Dorothy Day Pl St. Paul, MN 55102
Phone: 651-404-6405
Provides: Permanent supportive housing for adults with disabilities, mental illness checmical dependency and housing barriers under multiple subsidies including Housing Support, VASH, PBV, RAD section 8, and rental units. Furnished Single Room Occupancy (SRO) with shared bathrooms and kitchens available as well as efficiency units. Transitional age youth units available for homeless you ages 18-25.
Intake: Begin by calling Coordinated Entry for Single Adults, 651-647-2350, option #7, or contact intake specialist at 651-647-3212.

Catholic Charities St. Anthony Residence and St. Paul Residence
902 Hersey Street, St. Paul MN 55114
Phone: 651-647-2320
St. Anthony Residence: A board-and-lodge facility for men with alcohol use disorder. (60 SROs). ***St. Paul Residence:*** Permanent, affordable, and supportive housing in St. Paul for low income adults experiencing long-term homelessness. (60 SROs)
Intake: St. Paul Residence accepts referrals from coordinated entry only by emailing FAS.CoordinatedEntry@CO.RAMSEY.MN.US. St. Anthony accepts community-based referrals contact intake specialist jesse.villarreal@cctwincities.org.

Emma Norton Services
670 North Robert Street, St. Paul MN 55101
Phone: 651-224-1329
Provides: 3 meals a day; case management; peer support; one-on-one counseling to address basic living skills and other needs, and to plan where to go next; harm reduction facility. No availability. *This facility will be closing 4/1/2024 and be moving to Highland Park into a new building*, Restoring Waters.

Access to this future program will be through Ramsey County Coordinated Entry as follows below:
Single adults who are 25 years or older, not staying in shelter can call Caroline Holler at 651-793-2219. Walk-in hours and locations:

- Tuesdays 1–3 pm, Healthcare for the Homeless.
- Thursdays 1–4 pm, George Latimer Library, 2nd floor.
- Fridays 9 am–noon, Union Gospel Mission Clinic.

Single adults currently experiencing homelessness and staying in a shelter, will need to complete a housing assessment to determine long-term housing options. Contact a housing assessor at the St. Paul Opportunity Center Service Desk at 651-404-6406 for an assessment over the phone, or by visiting the St. Paul Opportunity Center at 422 Dorothy Day Place, St. Paul Wednesday afternoons.

Emma's Place
2163 Van Dyke, Maplewood MN 55109
Phone: 651-747-8766
Provides: Permanent housing for single parents with 3 or more children who are homeless. One or more in the household must be disabled. There are thirteen 3- or 4-bedroom townhomes available. Also offers supportive case management services, after school youth programming, and peer support.

Juel Fairbanks Recovery Services
806 North Albert Street, St. Paul MN 55104
Phone: 651-644-6204
Hours: Monday–Friday 8 am–4 pm.
Provides: Residential stepdown treatment program for males; two GRH housing facilities for men with treatment services and case management; rule 25 assessments.

LSS Life Haven
325 Jenks Avenue East, St. Paul MN 55130
Phone: 651-776-9805
Provides: Transitional living program for homeless teen mothers, ages 16 & 17, and their children. Residents must have a child that is in their custody or be in their third trimester of pregnancy.
Intake Procedures: Assessment is needed for intake through Coordinated Entry at 651-224-9466 or 651-215-2262 option 4.
Services: Parenting & life skills classes, meals, private room.

LSS Rezek House
LSS Transitional Living Program
501 Asbury Street, St. Paul MN 55104
Phone: 651-644-7739
Provides: Two-year transitional living programs for homeless youth in Ramsey Co, ages 16–21 (Rezek) or 16–24 (Transitional Living).
Intake Procedures: Assessment is needed for intake. Call 651-244-9644.
Services: Case management & independent living skills education.
Rent: 30% of income. Some rental subsidies are available.

Mino Oski Ain Dah Yung
769 University Ave W, St. Paul MN 55104
Phone: 651-370-2633
Provides: Permanent supportive housing for ages 18–24.
Remarks: Focused on Native American youth, but not required. Offers case management and coordinated care.

Missions Inc. Programs/Hart House
550 Galtier Street, St. Paul MN 55103
Phone: 651-227-0638
Provides: Transitional housing or up to 24 women in recovery from chemical addiciton. Services include: goal planning, assistance with transportation, referrals for medical, mental and behavioral health care, recreational activities, support groups, AA/NA, advocacy and information.

Union Gospel Mission Twin Cities–Naomi Family Program
Phone: 651-444-5880 ***Email:*** NeedHelp@ugmtc.org
Remarks: A women's and children's program that offers a holistic approach to care including access to basic needs, housing, mental health services, addiction recovery, faith formation, adult education and job-skills training. Single women aged 18 + or women with up to four children ages 10 or younger may be eligible for the program. Children can attend the Union Gospel Mission Twin Cities Child Development Center, an accredited early childhood education center for children ages six weeks up to kindergarten.

Union Gospel Mission Twin Cities–Housing Plus Program
435 University Avenue East, St. Paul MN 55130
Phone: 651-292-1721
Remarks: Housing Plus Program and transitional housing are available at Union Gospel Mission Twin Cities. Room fees vary between $200–$350 a month depending on the program. There are some program requirements, and there may be a waiting list. Call for more details.

The Salvation Army Booth Brown House
1471 Como Avenue West, St. Paul MN 55108
Phone: 651-646-2601
Provides: Transitional housing for youth ages 16–20. Call for more information, or go online to http:salvationarmynorth.org/community/booth-brown-house/community-pages/foyer-housing/ for information on program openings.

The Salvation Army Harbor Light Center
1010 Currie Avenue, Minneapolis MN 55403
Phone: 612-767-3109 ***Veterans should call*** 612-767-3100 x3144
Provides: Transitional housing for men and women experiencing homelessness. Housing is offered at Harbor Light Center. Additional programming provided for veterans.
Remarks: Veterans must apply through the VA Medical Center or at Veteran's Community Resource & Referral Center (1201 Harmon Place, Minneapolis).

Theresa Living Center - Caroline Family Services Rapid Rehousing
917 East Jessamine Avenue, St. Paul MN 55106
Phone: 651-774-5594
Intake: Single parent families, benefited and seeking housing in Ramsey Co. Call United Way 211 (651-291-0211) for a housing assessment. A more detailed assessment is done by Family Housing Assessment team. All referrals are received through this process when openings occur. You must be homeless, have a source of income, and able to sign a lease with a landlord to be referred to the program.
Provides: Rapid rehousing for up to 24 months for single parent families 18 years old and up. Housing is in scattered-site rental properties determined by the program and participants.
Rent: Based on scattered site landlord requirements in Ramsey Co. The program provides rental assistance and case management for families as they work towards self-sufficiency and independence.
Remarks: Participants should participate in case management and goal setting. We help participants seek permanent housing, which is all dependent upon their housing history, criminal history, and financial ability. *Not an emergency shelter.*

Theresa Living Center Residential Transitional Housing
917 East Jessamine Ave., St. Paul MN 55106
Phone: 651-774-5594
Intake: Single women, single expecting moms less than 7 months pregnant call coordinated entry for singles to complete a housing assessment: 651-647-3137 If you are an expecting mom more than 7 months pregnant, the assessment process will be handled through United Way 211 (651-291-0211). All referrals are received through this process when openings occur. You must be homeless to be in the program and have minimum income of general assistance.
Provides: Transitional Housing for up to 24 months for single women 18 years old and up. You may be an expecting mom or have one child less than a year old.
Rent: 30% of household income, minimum rent of $61 monthly.
Remarks: Residents should participate in goal setting, purchase and preparation of their own food, and perform household chores. Each resident has their own private bedroom, but shares bathrooms and other common spaces. We help residents seek permanent housing, which is all dependent upon their housing history, criminal history, and financial ability. *Not an emergency shelter.*

H. Housing Assistance

Ramsey County Coordinated Access to Housing and Shelter
Intake and Info: Call United Way 211 at 651-291-0211 to complete an initial eligibility review. CAHS specialists will conduct a further intake assessment to help determine the most appropriate referral for housing /shelter for each family based on the needs of each individual family, and also based on openings as available.
Eligibility: Families must be at or below 30% of the area median income, lack financial resources and support networks needed to secure or maintain stable housing.
Services: Eviction prevention assistance, case management, damage deposits, referrals to community resources, and short-term rent and utility assistance.

HOME Line
Phone: 612-728-5767; 1-866-866-3546; ***Website:*** homelinemn.org
Provides: Provides free legal, organizing, education and advocacy services so that tenants can solve their own rental housing problems. The HOME Line hotline advocates provide free advice regarding Minnesota tenant/landlord law. Tenants may email and find an attorney by going to the website www.homelinemn.org.
Remarks: Staff available who speak Spanish, Hmong, and Somali.

Minnesota Attorney General's Office
Phone: 651-296-3353
Hours: Monday–Friday 8 am–5 pm.
Provides: Information about housing law and tenant rights to anyone in Minnesota; information and directions to other agencies.

Open Access Connections
Phone: 651-643-0883
Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit http://tinyurl.com/OACOutreach for updated outreach locations.
Remarks: Open Access Connections also provides Lifeline supported cell phones through a partnership with EnTouch Wireless. Eligible participants will receive a free cell phone, as well as a monthly service that includes unlimited talk, unlimited text, and 10 gigabytes of data each month. You can visit one of our outreach sites to complete Lifeline phone application. Please bring a state issued photo ID and proof of low-income status, such as an EBT card or Medicaid card.

The Salvation Army Booth Brown House
1471 Como Avenue West, St. Paul MN 55108
Phone: 651-646-2601
Provides: Permanent supportive housing for youth ages 18–25. Call for more information, or go online to http:salvationarmynorth.org/community/booth-brown-house/community-pages/foyer-housing/ for information on program openings.

The Salvation Army HOPE Harbor
53 Glenwood Avenue, Minneapolis MN 55403
Phone: 612-659-0705
Provides: Permanent supportive housing for single adults. Efficiency unit includes own bathroom, kitchen, bed, dresser and desk.
Remarks: Call for more information regarding eligibility and to find out if applications are being accepted.

The Salvation Army Social Services
St. Paul Eastside *(East St. Paul and surrounding areas)*
1019 Payne Avenue, St. Paul MN 55130
Phone: 651-776-2653
Hours: Monday, Tuesday, Thursday, and Friday 9–11:45 am and 1–4 pm.
Remarks: Appointments are encouraged and can be made for Monday through Friday.

St. Paul Citadel
401 West 7th Street, St. Paul MN 55102
Phone: 651-224-4316
Service Area: St. Paul Citadel serves ZIP codes 55102, 55103, 55104, 55105, 55107, 55116, and 55117.

Lakewood Temple *(Northeast Ramsey County)*
2080 Woodlynn Ave, Maplewood MN 55109
Phone: 651-770-4974
Hours: Monday through Friday 8 am–noon and 1–4 pm.
Provides: Rental assistance.
Remarks: Call first for eligibility and to find out if they are accepting applications. Applications may be picked up at front desk.

I. Furniture

Bridging - Roseville Warehouse
1730 Terrace Drive, Roseville MN 55113
Phone: 952-888-1105 ***Website:*** www.bridging.org
Hours: Monday–Thursday 9 am–6 pm; Friday-Saturday 9 am–3 pm.
Service Area: Primarily the 7-county Twin Cities Metro.
Provides: Basic home essential package of quality furniture and household goods to those transitioning out of homelessness and poverty. *In order to receive services from Bridging*, you must be referred by a registered partner agency. Clients are referred to Bridging through a network of more than 100 local social service agency partners, ranging from; county assistance programs, faith-based organizations, shelters, emergency assistance, mental health services, veteran and disability programs and immigrant/refugee services.
Remarks: Referring agencies and caseworkers determine the household needs and schedule the shopping appointment at a Bridging warehouse in Bloomington or Roseville. For general questions about our client services, call to speak with a representative or visit our website.

The Salvation Army Social Services
St. Paul Eastside *(East St. Paul and surrounding areas)*
1019 Payne Avenue, St. Paul MN 55130
Phone: 651-776-2653
Hours: Monday, Tuesday, Thursday, and Friday 9–11:45 am and 1–4 pm.
Remarks: Appointments are encouraged and can be made for Monday through Friday.

St. Paul Citadel
401 West 7th Street, St. Paul MN 55102
Phone: 651-224-4316
Remarks: Can provide referrals to Bridging. $75 for appointment; $200 if client would like furniture delivered to their home, $275 for both. Agency does not cover cost of this program.
Service Area: St. Paul Citadel serves ZIP codes 55102, 55103, 55104, 55105, 55107, 55116, and 55117.

Lakewood Temple *(Northeast Ramsey County)*
2080 Woodlynn Avenue, Maplewood MN 55109
Phone: 651-770-4974
Bridging only: need referral and must pay with a money order.
Hours: Monday–Friday 8 am–noon and 1–4 pm.
Provides: Call for appointment. Clients need to provide a photo ID and piece of current mail at the appointment. Must be moving out of a shelter, new from out-of-town or had a recent crisis.

St. Vincent dePaul Society
461 West 7th Street, St. Paul MN 55102
Phone: 651-227-1332
Hours: Monday–Friday 9:30 am–5 pm; Saturday 9:30 am–3 pm. Closed Sunday.
Remarks: Low-cost items (not free).

J. Advocacy & Case Management

Agate Housing and Services
2309 Nicollet Avenue, Minneapolis MN 55404
Website: Visit www.agatemn.org for latest program news
Assistance obtaining Birth Certificates
Phone: 612-870-2283
Provides: Assistance sending for U.S. birth certificates. Can provide referrals to assist with fees.

Representative Payee Service
Phone: 612-874-0311
Provides: Handles funds for people receiving Social Security/Disability benefits. Makes certain rent and bills are paid, then disburses personal needs funds throughout the month.

Freedom from the Streets
Phone: 612-998-0576
Website: freedom-from-the-streets.squarespace.com
Provides: Outreach, case management, informational classes, Unsheltered Union for people who are homeless, mostly staying on the streets not in shelters. We help people find housing benefits right for them.

Keystone Community Services
2000 St. Anthony Avenue, St. Paul MN 55104
Phone: 651-645-0349
Hours: Monday–Friday 9 am–5 pm
Provides: Case management to homebound disabled to improve living skills & current situation. Referrals and follow-up. See page 6 for food shelf information.

Metropolitan Center for Independent Living
530 Robert Street North, St. Paul MN 55101
Phone: 651-646-8342
Hours: Monday–Thursday 8 am–4:30 pm; Friday 8:30 am–4:30 pm.
Provides: Works with people with disabilities to help them gain a more independent life through life skills classes and one-on-one meetings to discuss goals and develop plans to accomplish the goals; PCA choice agency.

Natalis Outcomes – Case Management and Mental Health Services
1821 University Ave W Suite #155, St. Paul MN 55104
Phone: 612-800-6500
Hours: Monday–Friday 8 am–4 pm
Provides: Offers case management services that are free for clients, and helps them gain access to supports like medical, mental health, social opportunities, housing access, transportation, navigating county resources, therapy, psychiatry. There is also a nurse to help with physical health issues, as well as psychologists to do DAs and psychological evaluations.
Remarks: Services via phone, in person, and telehealth.

Neighborhood House
179 Robie Street East, St. Paul MN 55107
Phone: Service Connect Number: 651-789-3602
Provides: Food shelf, Housing stability, Family Centers, case management, Youth Literacy & Adult Education, Parent & Early Childhood Education, Youth Programming, Latino Leadership Program.
Remarks: Call Service Connect number for information.

St. Paul Public Library
90 West 4th Street, St. Paul MN 55102 *(George Latimer Central Library)*
Phone: 651-266-7000
Provides: Social Service Outreach Thursdays 11 am–noon. Agencies including Radias Health and People Inc. offer drop-in assistance.
Remarks: A social worker also is available at Central Library on Tuesdays and Thursdays from 1–5 pm, and at the Rondo Branch on Mondays and Wednesdays from 2–6 pm. Call the Rondo library for info, 651-266-7400.

The Salvation Army Social Services
St. Paul Eastside *(East St. Paul and surrounding areas)*
1019 Payne Avenue, St. Paul MN 55130
Phone: 651-776-2653
Hours: Mon, Tues, Thurs, and Friday 9–11:45 am and 1–4 pm.
Remarks: Appointments are encouraged and can be made for Monday through Friday.

St. Paul Citadel
401 West 7th Street, St. Paul MN 55102
Phone: 651-224-4316

Lakewood Temple *(Northeast Ramsey County)*
2080 Woodlynn Avenue, Maplewood MN 55109
Phone: 651-770-4974
Hours: Monday–Friday 8 am–noon and 1–4 pm.
Provides: Pathways of Hope, case management services to help families with dependent children move toward self–sufficiency.

zAmya Theater
Phone: 612-760-4804
Website: www.zamyatheater.org
Remarks: If you have experienced homelessness and are interested in participating in workshops or performance to educate and entertain the community about homeless issues, please call, email, or find us on Facebook at ZAMYA Theater Project. No theater experience is necessary. Public Creative Expression Workshops are held MOST Tuesday mornings from 8:30–10:30 am at Hennepin Central Public Library, 300 Nicollet Mall, Minneapolis.

K. Pet Resources

Animal Humane Society Pet Helpline
Phone: 952-435-7738
Hours: Monday–Friday 9 am–7 pm; Saturday 10 am–6 pm
Provides: Caring, compassionate advice and resources to address whatever animal issues you may be experiencing. Whether you need help managing your pet's behavior, or a referral for veterinary care, pet-friendly housing, low-cost spay/neuter surgery, or other local assistance programs.

Animal Humane Society St. Paul Clinic
1159 University Ave. W, St. Paul MN 55104
Phone: 763-489-7729
Website: animalhumanesociety.org/vetcenters
Hours: Monday–Saturday 9 am–4 pm.
Provides: Our experienced and compassionate veterinary team offers a full range of medical and preventative care, spay/neuter and specialty surgeries, and dental services with two fee tiers based on income.

Human Animal Support Services
Website: pets.findhelp.com
Provides: Search for free or low cost pet support services like veterinary care, pet food pantries, temporary pet care and more.

RedRover.org
Provides: Our mission is to bring animals out of crisis and strengthen the bond between people and animals through emergency sheltering, disaster-relief services, financial assistance, and education. We accomplish this by engaging volunteers and supporters, collaborating with others, and maximizing the use of online technology.

VeTouch
2501 Minnehaha Avenue Minneapolis MN 55404 (Chuck and Don's Pet Wellness Center)
Phone: 612-440-6147 (checked weekly on Saturdays)
Hours: First Sunday of every month, 9 am–1 pm.
Please email vetouch@umn.edu for scheduling.
Provides: Care to the pets of low or no-income residents. To qualify for service, clients need to be receiving some form of public assistance. See website (www.vetouch.umn.edu) for examples. VeTouch currently sees about 50 pets per clinic and clients are seen on a first-come, first-serve basis.
Services: Wellness exams, distemper and rabies vaccines, diagnosis and treatment of parasitic diseases, education on zoonotic diseases, behavior education, nutritional support, and referral for more involved veterinary care. VeTouch does not provide spays or neuters. See website for additional information.

Section 2. Public Assistance

Everyone has the right to apply for public assistance. Public assistance is available to persons who do not have the financial resources to pay for necessities such as food, housing, and medical care. There are different kinds of public assistance, and each has its own eligibility requirements and income/asset limits.

A. Types of Assistance

Minnesota Family Investment Program (MFIP)

Emergency Assistance (EA)

Energy Assistance

Supplemental Nutrition Assistance Program (SNAP)

General Assistance (GA)

Medical Assistance (MA)

Minnesota Supplemental Aid (MSA)

Social Security - Supplemental Security Income (SSI)

What you need: An original photo ID or a birth certificate, and your Social Security number. For General Assistance you must have a Social Security Card *and* one of the following: driver's license, state ID, passport or visa, alien registration card or certificate of naturalization, military photo ID or DD214, school ID, correctional facility photo ID (not from jail or a mug shot), release/parole agreement (with confirming contact with facility or parole officer), operator's occupational license with photo, employee ID with photo, date of birth and signature; certified or original birth certificate, notarized copy of a birth record from a Minnesota Indian reservation, or a Tribal Decree card.

Descriptions of the assistance programs mentioned on this page are found on pages 27–32.

> ***Note:*** When applying always ask about other forms of assistance for which you may be eligible.

Your Rights:

- to apply or reapply at any time
- to know the eligibility requirements
- to know how your grant was determined
- to choose where and with whom you live (with certain limitations)
- to appeal any decision or failure to act
- to file a complaint if discriminated against

Your Responsibilities:

- to provide truthful information
- to inform the proper agency of changes such as address, income, persons living with you, and other factors which can affect your assistance

Appeals:

You have the right to appeal any decision made which affects benefits which you feel you are entitled to. You must appeal a decision within 30 days. If you receive a termination notice, however, you need to appeal within 10 days.

If you want your grant to continue, you will need to request that in writing within 10 days or it will NOT continue. Any benefits received during an appeal will be considered an overpayment if you lose the appeal. You may want the advice of a lawyer. See page 58

Where to Apply for Public Assistance Programs:

Ramsey County Human Services Dept. Locations:
Phone: 651-266-8500
Hours: Monday–Friday 8 am–4:30 pm unless otherwise noted

Downtown St. Paul
121 7th Place East, Ste. 2500 *(skyway level)*, St. Paul MN 55101

Maplewood
3001 White Bear Avenue North, Maplewood MN 55109
Hours: Monday–Friday 10 am–4:30 pm.

Roseville
2180 Hamline Avenue North, Roseville MN 55113

- Apply online at MNbenefits.mn.gov for food, cash, emergency and child care assistance, and housing support.
- Apply online at MNsure.org for health care coverage options in Minnesota.

EBT cards:

People receiving cash assistance are issued EBT cards with the name of the head of household printed on the card. The card includes the following statement: "It is unlawful to use this card to purchase tobacco products or alcoholic beverages." All EBT cards will be mailed via US Postal Service, with the exception of households qualifying for SNAP benefits. These households will have the option of getting an EBT card issued at the local county office. All replacement EBT cards (lost, stolen, damaged and undeliverable) will be charged a $2.00 fee. The replacement EBT card will be mailed to the client.

To find out about your balance or to order a replacement card, call 1-888-997-2227.

B. Minnesota Family Investment Program (MFIP)

The Minnesota Investment Program (MFIP) helps families with children, pregnant women, and two-parent families meet their basic needs, while helping parents move to financial stability through work. Most families have a lifetime limit of 60 months on MFIP. Applicants must meet eligibility requirements.

Where to apply:

Ramsey County Human Services
See page 26 for locations.
Online Application: https://www.MNbenefits.org
You may also request that an application be mailed to you.

C. Emergency Assistance and Emergency General Assistance (EA/EGA)

When families are in a financial crisis that poses a direct threat to the physical health or safety of a child younger than 18, the Emergency Assistance program can help by providing short-term aid. An interview is required.

Services include:

- Housing costs such as rent payments, damage deposits, home repairs, utility bills.
- Foreclosure prevention, moving expenses, transportation for homeless families.
- Additional food support for people who have specific dietary needs (special diets).

Expedited Appeal

If your application for Emergency Assistance is denied, you may appeal the decision. If you request an expedited appeal, a hearing can be granted within a few days See *Appeals, page 26.* (You may want to consult with your Advocate; see *"Legal Assistance," page 58*).

Emergency General Assistance (EGA)

When adults without minor children in their care are in a financial crises that poses a direct threat to their physical health or safety, the Emergency General Assistance program may be able to help by providing short-time aid.

Services include:

- Housing costs such as rent payments, damage deposits, and/or utility bills.
- Foreclosure prevention
- Home repair
- Moving expenses

D. Energy Assistance

Where to Apply:

Community Action Partnership-Ramsey & Washington Counties
450 Syndicate Street North Suite 122, St. Paul MN 55104
Phone: 651-645-6470
Hours: Monday–Friday 8 am–4:30 pm.

Energy Assistance provides financial assistance with payment of heat and utility bills to renters and home owners for the period beginning October 1 through May 31. Need documentation of public assistance benefits, wages, or other income received in the past 3 months to apply. No appointments; first come, first served.
Remarks: Applications are available online at www.caprw.org.

The Salvation Army Social Services Heat Share Program

St. Paul Eastside *(East St. Paul and surrounding areas)*
1019 Payne Avenue, St. Paul MN 55130
Phone: 651-776-2653
Hours: Monday, Tuesday, Thursday, and Friday from 9–11:45 am and 1–4 pm.
Remarks: Appointments are encouraged and can be made for Monday through Friday.

St. Paul Citadel
401 West 7th Street, St. Paul MN 55102
Phone: 651-224-6946
Service Area: St. Paul Citadel serves ZIP codes 55102, 55103, 55104, 55105, 55107, 55116, and 55117.

Lakewood Temple
2080 Woodlynn Avenue, Maplewood MN 55109
Phone: 651-770-4974
Hours: Monday-Friday 8 am–noon and 1–4 pm.
Provides: Assistance with emergency utility bills for Ramsey County residents.

E. Supplemental Nutrition Assistance Program

The Supplemental Nutrition Assistance Program (SNAP) helps people with low incomes get the food they need for sound nutrition and well-balanced meals. Approved participants get a debit card to use to buy food at many stores and farmers markets.

Where to Apply:

Ramsey County Human Services
See page 26 for locations.
Online Application: https://www.MNbenefits.org
You may also request that an application be mailed to you.

You can also apply for SNAP at:
The Salvation Army Social Services

St. Paul Eastside *(East St. Paul and surrounding areas)*
1019 Payne Avenue, St. Paul MN 55130
Phone: 651-776-2653
Hours: Monday, Tuesday, Thursday, and Friday from 9–11:45 am and 1–4 pm.
Remarks: Appointments are encouraged and can be made for Monday through Friday.
Provides: SNAP application assistance, info and referral.

Lakewood Temple
2080 Woodlynn Avenue, Maplewood MN 55109
Phone: 651-770-4974
Hours: Monday–Friday 8 am–noon and 1–4 pm.
Provides: SNAP application assistance, info and referral.

Minnesota Food Helpline
Phone: 1-888-711-1151 *(Multilingual assistance is also available)*
Hours: Monday–Friday 8:30 am–4:30 pm.
Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application. Assists callers in locating food resources in their own community whether it be a food shelf and/ or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children), and NAPS (Nutrition Assistance Program for Seniors).

Second Harvest Heartland Care Center
Phone: 651-401-1411
Provides: Screening for SNAP eligibility and assistance completing the application; follow-up as needed; assistance with recertification. Assists with CSFP (Commodity Supplemental Food Program) Senior Box screenings and enrollment also connecting to additional food resources. More can be found at: www.2harvest.org/SNAP.

F. General Assistance (GA)

General Assistance provides cash benefits for single adults, ages 18-64, who have little or no income and who meet eligibility requirements.

Examples: (1) Persons applying must be unable to work because of certified illness or injury, advanced age which makes it difficult to gain employment, inability to read and write well enough to hold employment, etc. (There are approximately 15 categories of eligibility; those mentioned above are among them.) People who were disqualified from SSI because they were categorized as "DAA" (Drug & Alcohol Addicted) may be eligible for General Assistance. (2) Persons cannot have cash assets worth more than $10,000.

When applying, inquire about other assistance you may qualify for:

Emergency General Assistance (to prevent eviction), *Energy Assistance*, *SNAP* and *Medical Assistance*.

Where to apply:

Ramsey County Human Services
See page 26 for locations.
Online Application: https://www.MNbenefits.org
You may also request that an application be mailed to you.

G. Medical Assistance & Minnesota Care

These health care programs help people who have little to no income as well as people who work but do not have access to affordable health insurance.

People who have a disability or are over the age of 64 will generally need to complete a paper application form and submit this at a Ramsey County office. Call 651-266-8500 for information. The county office can help you fill out the form. You can also contact the Senior Linkage Line at 1-800-333-2433, or the Disability Hub at 1-866-333-2466.

People who do not have a disability and are under the age of 65 will generally file an online application using the mnsure.org website. For this population, online applications are reviewed faster than are paper applications. You can get a paper or online application at mnsure.org or by calling 651-539-2099. You can also call this number with enrollment questions. Health care navigators can also help you fill out the application, and submit it for you. This is a free service. To set up an appointment with a navigator, call:

- Portico Healthnet at 866-489-4899
- Health Access MN at 651-645-0215

Navigators in many other organizations can be found on this webpage: mn.gov/dhs/medical-assistance-signup. Be sure to search for a *navigator* not a *broker*, as only navigators assist with applying for MA and MinnesotaCare. Search for the language, as well as the zipcode or city that works best for you.

Where to Apply:

Ramsey County Human Services
See page 26 for locations.
Online Application: https://www.MNbenefits.org

H. Minnesota Supplemental Aid (MSA)

Minnesota Supplemental Aid (MSA) provides cash assistance to help adults who get Supplemental Security Income (SSI) pay for their basic needs. Some people who are blind, have a disability or are older than 65 but do not get SSI because their other income is too high may also be eligible for MSA if they meet the income limit

I. Social Security

Social Security Administration
332 Minnesota Street, Suite N650, St. Paul MN 55101
Phone: 1-800-772-1213
Hours: Monday–Friday from 9 am–4 pm.

Supplemental Security Income (SSI)

SSI is a federal needs based program providing benefits to anyone who is aged (age 65 or older), blind, or disabled. Disabled under SSI rules means a person has a medically determinable physical or mental impairment, which: results in the inability to do any substantial gainful activity, and has lasted or can be expected to last for a continuous period of not less than 12 months. Substantial gainful activity is defined as the ability to work and earn $1,130 per month. If someone is working, there are ways that could lower the monthly gross wages below $1,130. The Social Security Administration no longer recognizes drug addiction and alcoholism (DA & A) as disabling conditions. Someone with another impairment should still file. If the DA & A does not contribute to the impairment, they could be found to be disabled. Anyone who is disabled, should be encouraged to file for benefits.

To determine SSI eligibility and payment amounts, SSA considers the applicant's income and resources. Income could include money earned from work, benefits from other sources, such as; Social Security, workers compensation, Veterans Affairs, friends or relatives, free food or shelter. Resources are things which a person owns such as; cash, bank accounts, land, vehicles, personal property, life insurance, anything that can be converted to cash and used for food and shelter. A single person is limited to $2,000.00 and a married couple has a $3,000.00 resource limit. There are many exceptions/exclusions regarding income and resources. Anyone that is disabled should be encouraged to file for SSI.

To be eligible for SSI, an applicant must be a citizen or one of certain alien categories. There are many categories of lawful aliens that would be eligible for SSI. Contact a Social Security Office or the National 800 number 1-800-772-1213 to inquire.

Anyone applying for SSI will be asked about their medical history; doctors, tests, and medications. The claim representative (CR) will ask questions about the person's income, resources, and living arrangements. The CR will ask the applicant to attest to the truthfulness of their answers. SSA will also consider eligibility for other Social Security programs (RSDI).

More information may be found at the Social Security website www.ssa.gov. SSA also offers online services for beneficiaries and the general public https://www.ssa.gov/onlineservices/

Appeals:
If an application is denied, there is a 65 day appeals period (60 days plus 5 days mailing). If an appeal is requested after 65 days, the applicant must show good cause for late filing of the appeal. If the late appeal is not accepted, a new application can be filed, but there is a potential loss of benefits. The Social Security Office can provide a referral list for free legal services.

Assistance applying for SSI benefits:
Cooper Law Firm
825 Nicollet Mall, #925, Minneapolis MN 55402 *(Medical Arts Bldg.)*
Phone: 612-568-4529
Hours: Call for an appointment.
Provides: Free attorney assistance filing Social Security applications, reconsiderations and appeals for recipients of GA, MFIP, DWP, and FSS. Sliding fee available for those not on public assistance.
Remarks: Does not handle overpayment matters, POAs, criminal law, or pro bono cases.

Section 3. Health Care

A. Community Clinics

East Side Family Clinic & Health Start
895 East 7th Street, St. Paul MN 55106
Phone: 651-602-7500
Hours: Monday and Wednesday 8 am–8 pm; Tuesday, Thursday and Friday 8 am–5 pm; Saturday 8 am–noon every other week. Same day appointments are possible.
Other Services: Primary care for ages 0–100+, well visits, sports physicals for students, support managing chronic conditions, prenatal care, cancer screenings, substance use services, mental health services, interpreter services, urgent care, same-day care for respiratory illness, injury or other illness, birth control or other sexual health appointments, chiropractic, behavioral health or psychiatric medication appointments, medication management.
Remarks: MA and most insurance accepted. Sliding fee available. Spanish and Hmong translators.

Minnesota Community Care: La Clinica
153 Cesar Chavez Street, St. Paul MN 55107
Phone: 651-602-7500
Hours: Monday, Wednesday and Friday 8 am–5 pm; Tuesday 8 am–8 pm; Thursday 9 am–8 pm; Saturday 8 am–12pm.
Remarks: MA accepted, sliding fee scale. Call for appointments.
Services: AIDS/STI testing and counseling; dental services, behavioral health and substance use disorder; tri-lingual clinic (English, Spanish, Hmong all spoken) Immunization clinics are held regularly.

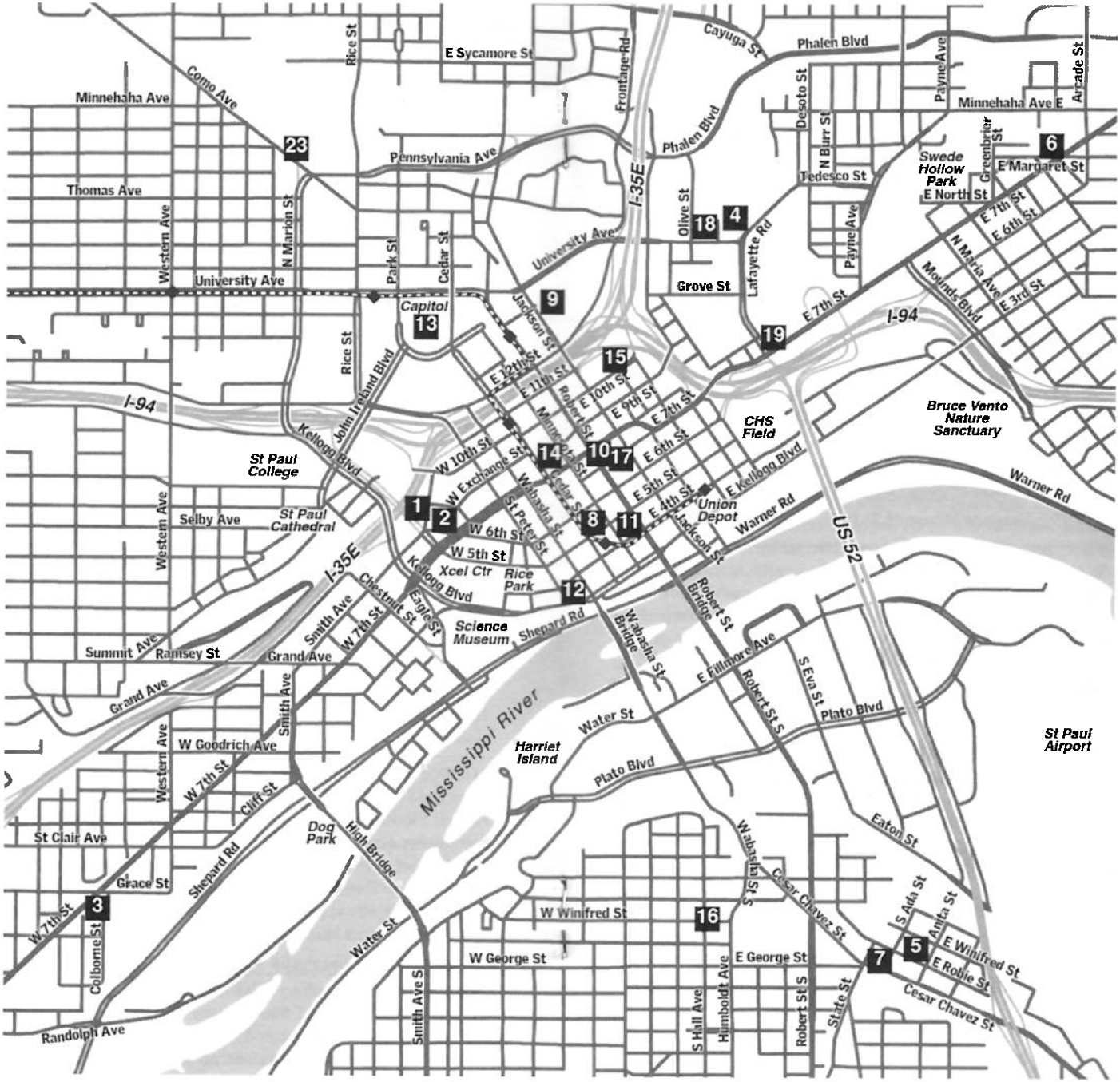
Open Cities Health Center
409 Dunlap Street North, St. Paul MN 55104
Phone: 651-290-9200
Hours: Monday, Wednesday, Thursday and Friday 8 am–5 pm; Tuesday 8 am–8 pm. Walk-ins and same day appointments available.

916 Rice Street, St. Paul MN 55117
Phone: 651-290-9200
Hours: Monday-Friday 8 am–5 pm. Walk-ins and same day appointments available.
Remarks: Sliding fee scale; MA and other insurance accepted.
Other Services: Dental care; HIV/STD counseling & testing, early intervention for HIV+; pre-natal care programs; family planning; OB/GYN and mental health services.

Portico Healthnet / 489-CARE Referral Line
Phone: 651-489-2273; toll free 866-489-4899
Provides: Helps uninsured Minnesotans enroll in health insurance and navigate the complicated health care system. Our certified MNsure Navigators provide free, personalized assistance and help clients find the most affordable coverage for their family.

Map of Downtown St. Paul

See next page for map legend



Map Legend: Downtown St. Paul

1. Catholic Charities Higher Ground St. Paul
2. Richard M. Schulze Family Foundation Opportunity Ctr.
3. The Salvation Army–St. Paul Citadel
4. Union Gospel Mission Twin Cities
5. Neighborhood House
6. Chicanos Latinos Unidos en Servicios (CLUES)
   Mexican Consulate/Consulado de México
7. Minnesota Community Care: La Clinica
8. Southern Minnesota Regional Legal Services (Legal Aid)
9. Regions Hospital
10. Ramsey County Human Services
11. Social Security Administration
12. City Hall/Courthouse
13. State Capitol
14. Naomi Family Center
15. Family Place
16. St. Matthew's Church *(Loaves & Fishes meal)*
17. Safe Zone
18. Ramsey County Chemical Health Unit
    Ramsey County Detoxification & Withdrawal Mgmt.
19. Listening House of St. Paul

St. Mary's Health Clinics
Phone: 651-287-7777
Provides: Six clinics throughout Twin Cities provide some primary and preventive health care services at no cost to adults and children without access to health care coverage.
Eligibility: If you are on MA, MinnesotaCare, or have access to any form of health care coverage, you are not eligible to use these clinics' services.
Intake procedure: If you fit one of the above categories, call 651-287-7777 between 8 am–4 pm Monday–Friday to make an appointment. There is no cost for services if you are eligible, though donations are accepted.

United Family Medicine
Peter J. King Family Health Center
1026 West 7th Street, St. Paul MN 55102 (Randolph & W. 7th)
Phone: 651-758-9500 ***Website:*** www.unitedfamilymedicine.org
Hours: Monday–Friday 8 am–5 pm.
Provides: Primary care for all ages; disease screening and preventative care; chronic disease management; mental health services; dental care, onsite pharmacy.
Remarks: Accepts many insurance plans, including MA, Medicare, MinnesotaCare and private insurance. For patients without insurance, offers a sliding fee scale based on family size and income. Bilingual staff and community health workers also available

B. Health Care for the Homeless

Minnesota Community Care: Downtown Clinic
424 Dorothy Day Place, St. Paul MN 55102
Phone: 651602-7500
Hours: Monday–Friday 8:30 am–4:30 pm.
Provides: General medical, mental health, CD/NA counseling, Rule 25 assessments, medication support, chiropractic services, optometry services, nutrition, and referrals.

Health care services for homeless men, women, and children in Ramsey County shelters and drop-in centers. A multi-disciplinary team of medical, mental health and social service providers staff clinics at several different homeless shelter and drop-in centers each week. When appropriate, staff helps homeless patients connect to other care clinics.

If you are staying in a shelter in Ramsey County, check with shelter staff for clinic times and services. MA accepted; however, if you do not have insurance, you do not have to pay.

C. HIV / STI / Pregnancy Testing

Face to Face Health & Counseling Service
1165 Arcade Street, St. Paul MN 55106
Phone: 651-772-5555 Call or walk-in for an appointment.
Hours: Monday–Thursday 10 am–6 pm; Friday 10 am–4 pm.
Remarks: Services are for youth ages 11-24 years old only. HIV testing for all ages.
Services: Medical clinic, birth control including condoms, STI and pregnancy testing, reproductive and sexual health education, healthy relationships support, and free HIV testing (all ages). Help applying for insurance. No one turned away if they can't pay.

Open Cities Health Center
409 Dunlap Street North, St. Paul MN 55104
Phone: 651-290-9200
Hours: Monday, Wednesday, Thursday and Friday 8 am–5 pm; Tuesday 8 am–8 pm. Walk-ins and same day appointments available.

916 Rice Street, St. Paul MN 55117
Phone: 651-290-9200
Hours: Mon-Fri 8 am–5 pm. Walk-ins/same day appointments.
Remarks: Sliding fee scale for those without insurance; MA, GAMC and other insurance plans accepted.
Services: HIV/STI counseling & testing; early intervention for HIV+.

Rainbow Health
701 4th Avenue South, Suite 1500, Minneapolis MN 55415
Phone: 612-341-2060; AIDSLine: 612-373-AIDS / 1-800-248-AIDS. Text AIDSLINE to 839863.
Hours: Monday–Friday 9 am–5 pm. ***AIDSLine:*** Mon–Fri 9 am–5 pm.
Provides: Information about HIV, referral to community resources and HIV testing. Also provides HIV case management, legal services; benefits counseling; housing services for HIV+ people; transportation for medical appointments; emergency financial assistance; chemical health services, behavioral health services (individual, couple/family, and group therapy for LGBTQ+, people who are HIV+, people who are high risk for HIV and other underserved populations), syringe exchange; Positive Link, a social support program for HIV+ gay and bisexual men; HERR Day Out, a social support group for HIV+ women; BlaQue Alive offers culturally-specific HIV linkage service for Black and Latino individuals ages 18-19 years old.

St. Paul-Ramsey County Public Health Clinic 555
555 Cedar Street, St. Paul MN 55101
Phone: 651-266-1255
Hours: Monday and Wednesday 8 am–4:30 pm; Tuesday and Thursday 8 am–7 pm; Friday 8 am–1 pm. Closed over the lunch hour Monday through Thursday 12–1 pm.
Remarks: Free- to low-cost services depending on income-based sliding fee scale. MA and major insurance plans are accepted.
Other Services: Teen and adult reproductive services; all birth control methods available; emergency contraception; pregnancy testing and counseling; STD/HIV testing and treatment; HIV counseling; annual health exams, breast exams and pap smears; colposcopy; mammogram referral for women 40 and older or those younger women with suspicious breast mass; pre-exposure prophylaxis program (PrEP) and post prophylaxis (PEP).

Clinic 555 Syringe Services Program
555 Cedar Street, St. Paul MN 55101
Phone: 651-266-1295 ***Website:*** ramseycounty.us/ssp
Hours: Monday and Wednesday 1–4:30 pm; Tuesday and Thursday 1–6:30 pm; Friday 10 am–1 pm.
Remarks: Services are provided in a safe and nonjudgmental setting. These include anonymous syringe exchange and disposal; Narcan (overdose reversal medication); wound care; HIV and Hepatitis C testing; connection to community resources.

D. Dental Care

Hope Dental Clinic
800 Minnehaha Avenue East, Ste 465, St. Paul MN 55106
Phone: 651-789-7605
Hours: By appointment only Monday through Friday 8 am–7 pm.
Provides: Dental care to those without dental insurance. Services include exam, cleaning, fillings, extractions, and education.

Open Cities Health Center
409 Dunlap Street North, St. Paul MN 55104
Phone: 651-290-9200
Hours: Monday, Wednesday, Thursday and Friday 8 am–5 pm; Tuesday 8 am–8 pm. Walk-ins and same day appointments available.

University of Minnesota School of Dentistry
515 Delaware St. SE, Minneapolis MN 55455
Call Center: 612-625-2495
Hours: Monday through Friday 9 am–4 pm.
Remarks: Comprehensive dental care provided by supervised students. Children's clinic also available. Payment required at time of visit. Must call for an appointment.

West Side Dental Clinic; Minnesota Community Care
478 South Robert Street, St. Paul MN 55107
Phone: 651-602-7575
Hours: Monday–Friday 8:30 am–4:30 pm.
Remarks: Most insurance accepted, including MA, MnCare, Health Partners and Delta Dental; discount available.

E. Mental Health Services

Children's Crisis Response
Crisis Phone: 651-266-7878 (24 hours)
Provides: Crisis intervention for Ramsey County youth (ages 0–18) and their families.
Intake: Call 24-hour crisis line for youth and their families; diagnostic assessments and in-home crisis intervention available.

Comunidades Latinos Unidos en Servicios (CLUES)
797 East 7th Street, St. Paul MN 55106
Phone: 651-379-4200 ***Website:*** www.clues.org
Hours: Monday–Friday 8:30 am–5 pm.
Provides: Bilingual family therapy in addition to individual, couples, child and adolescent therapy.

Face to Face Health & Counseling Service
1165 Arcade Street, St. Paul MN 55106
Phone: 651-772-5555. . Some drop-in hours available at the clinic and SafeZone day shelter. Call for more information.
Hours: Monday–Thursday 10 am–6 pm; Friday 10 am–4 pm.
Remarks: Services are for youth ages 11–24 years old only.
Provides: Culturally competent outpatient therapy. Providers have expertise in trauma, sexual orientation and gender identity, and youth. Virtual and in-person appointments available. Help applying for insurance. No one turned away if they can't pay.

Fairview Health and Wellness Hub
45 West 10th Street, Saint Paul MN 55102
Mental Health and Addiction Services
Phone: 612-672-2736 ***Fax:*** 612-884-3522
Intake: Call to schedule any appointments for mental health and addiction services. Based on provider availability other locations may be offered to meet client needs as soon as possible.
Services: Offers many options for clients seeking mental health and/or addiction services in person; select services can be virtual.

- CD IOP
- Mental Health and Addiction assessments
- Addiction Medicine/ Medication Management
- Mental Health Groups
- Individual Therapy/Psychology/Psychiatry

Remarks: Medicare, PMAPs, county funding, commercial and private/self-pay are accepted; coverage is based on specific insurance networks and benefits for services. (Medicare IS NOT accepted for substance use: neither inpatient or outpatient programming)

Love Lines Crisis Center
1128 Harmon Place, Minneapolis MN 55403
Phone: 612-379-1199
Hours: Monday through Friday 2–10 pm. Drop-in hours Tuesday and Saturday 3–6 pm for healing room.
Provides: Phone line most days for crisis ministry; in-person counseling is available by appointment Tuesday and Saturday 3–6 pm.
Remarks: Counseling is free, but donations accepted. "Believe in God's love and work of the Holy Spirit." Volunteer opportunities.

Natalis Outcomes – Case Management and Mental Health Services
1821 University Ave W Suite #155, St. Paul MN 55104
Phone: 612-800-6500
Hours: Monday–Friday 8 am–4 pm
Provides: Offers case management services that are free for clients and helps them gain access to various supports like medical, mental health, social opportunities, housing access, transportation, navigating county resources, therapy, psyciatry, and much more. There is also a nurse to help with physical health issues, as well as psychologists to do DAs and psychological evaluations.
Remarks: Services via phone, in person, and telehealth.

Ramsey County Crisis Outreach
402 University Avenue East, St. Paul MN 55130
Phone: 651-266-7900
Hours: Seven days a week, 24 hours a day. Requests for mobile outreach are screened through the 24/7 crisis line.
Walk-in Hours–Crisis Assessment: Monday–Friday 8 am–4:30 pm.
Provides: Assessment, referral and mobile outreach for adults in Ramsey County experiencing a mental health crisis.
Remarks: Insurance will be billed when possible.

Ramsey County Mental Health Center (Welcome Center)
1919 University Avenue West Suite 200, St. Paul MN 55104
Phone: 651-266-7890
Hours: Monday through Friday 8 am–3 pm. Walk-ins welcome.
Provides: Group and individual counseling; partial hospitalization program, and personal recovery services. Psychiatrist on site. Intensive outpatient mental health peer recovery program; MI/CD intensive outpatient program. Children's therapy, case management, and CTSS services available for children ages 5-18.

Regions Hospital Emergency Department
640 Jackson Street, St. Paul MN 55101
Phone: 651-254-1000
Intake procedures: Walk-in to Emergency Dept. Fees vary, although no one will be denied services for inability to pay.
Provides: Risk assessment, psychiatric evaluation, referral, or admission, and connection to resources, for adults (ages 18 and over) who are experiencing a mental health or chemical health crisis; resources and support to victims of sexual assault or domestic abuse; general emergency medicine.

Union Gospel Mission Twin Cities–Mental Health Clinic
435 University Avenue East, St. Paul MN 55130
Phone: 651-292-1721
Provides: Licensed therapists provide mental health care including individual therapy, assessments and crisis management.
Remarks: Mental health services are provided on-site, free of charge for men staying with us.

Walk-in Counseling Center
Phone: 612-870-0565 ***Website:*** walkin.org
ZOOM (phone/internet) Clinic Hours: Monday, Wednesday and Friday 1–3 pm; Monday through Thursday 5:30–7:30 pm. Visit website at walkin.org and click on "How to see a counselor" button for instructions to connect to Zoom via cell phone or computer. *Please call or log in ONLY during clinic hours.*
Provides: Free, anonymous, no appointment counseling for people with urgent needs and few resources; serves individuals, couples and families.
Remarks: No insurance necessary; no paperwork. Call 612-870-0565 ext. 2 to leave a message for counseling in Spanish.

Tubman
4432 Chicago Avenue South, Minneapolis MN 55407
Phone: 612-870-2426
Hours: Monday–Thursday 9 am–5 pm; Friday 9 am–3 pm.
Provides: Referral by telephone; counseling for individuals and groups, as well as for families and couples; domestic violence groups for men and women.

Community Outreach & Drop-in Centers

People Incorporated Mental Health Outreach
317 York Avenue #5, St. Paul MN 55130
Phone: 651-774-0011
Hours: Monday–Friday 9 am–4:30 pm; drop-in center 9–11 am.
Provides: Outreach case managers provide direct street outreach and case management to people who are unsheltered (camping outside, in their car, etc.) in Hennepin, Ramsey & Dakota Counties.
Services: Case managers reach out into the community by going to camps, drop-in centers, and other locations where unsheltered people stay. After first contact, individuals may be enrolled in the case management program which provides connection to benefits, health care, housing resources, medication mgmt and talk therapy.

RADIAS Health-Homeless Outreach
Main Outreach Phone: 651-783-5427
Outreach Email: radiashomelessservices@radiashealth.org
Services: Outreach services to individuals experiencing homelessness in Ramsey Co.; providing help with basic needs, support, resource navigation and referrals to community providers. Outreach efforts occur at local shelters, drop-ins, transit, encampments and other areas not meant for human habitation where humans are residing in Ramsey Co. If you or someone you know is experiencing homelessness in Ramsey Co. and would like to connect with outreach, please call or e-mail. There are scheduled drop-ins at the following: Listening House Thursdays 12–2 pm; Maplewood Library Tuesdays 1–3 pm; St. Paul Opportunity Center (2nd Floor) Wednesdays 1–3 pm; George Latimer Library Thursdays 10 am–12 pm.

F. Veterans

VA Medical Center
One Veterans Drive, Minneapolis MN 55417 *(E 54th St & 48th Ave S)*
Phone: 612-725-2000
24-Hour Vets Crisis Line: 1-800-273-8255, press 1 or 988, press 1.
Remarks: veterans with an honorable discharge may receive treatment; veterans enlisting after 1980 need to have completed two years of active duty; does need an assessment for payment.
See page 54 for info about other assistance available for veterans.

G. Youth

Face to Face Health & Counseling Service
1165 Arcade Street, St. Paul MN 55106
Phone: 651-772-5555. Call for appointments.
Hours: Monday–Thursday 10 am–6 pm; Friday 10 am–4 pm.
Remarks: Services are for youth ages 11–24 years old only.
Services: Basic medical care, physicals, illness visits, reproductive and sexual health care, prenatal care, and health education. Help applying for insurance. No one turned away if they can't pay.

H. Substance Use Disorder Counseling & Treatment

Fairview Health and Wellness Hub
45 West 10th Street, Saint Paul MN 55102
Mental Health and Addiction Services
Phone: 612-672-2736 ***Fax:*** 612-605-1389
Intake: Please call the main scheduling number 612-672-2736 to schedule any appointments for mental health and addiction services, based on provider availability some other locations may be offered to meet client needs as soon as possible.
Services: Offers many different options for clients seeking mental health and/or addiction services either in person or select services can be virtual.

- CD IOP
- Mental Health and Addiction assessments
- Addiction Medicine/ Medication Management
- Mental Health Groups
- Individual Therapy/Psychology/Psychiatry

Remarks: Medicare, PMAPs, county funding, commercial and private/self-pay are accepted; coverage is based on specific insurance networks and benefits for services, (Medicare IS NOT accepted for substance use: neither inpatient or outpatient programming.)

Juel Fairbanks Recovery Services
806 North Albert Street, St. Paul MN 55104
Phone: 651-644-6204
Hours: Monday–Friday 8 am–4 pm.
Provides: Residential stepdown treatment program for males; two GRH housing facilities for men with treatment services and case management; rule 25 assessments.

Minnesota Adult & Teen Challenge
3231 1st Avenue South, Minneapolis MN 55408
Information Line: 612-373-3366
Lobby hours: Monday–Friday 8 am–4 pm.
Walk-in assessments: Monday–Friday 8 am–2 pm.
Info Line Hours: Monday–Friday 8 am–4:30 pm.
Provides: For almost 30 years, Mn Adult & Teen Challenge has been restoring hope to people struggling with mental health issues, drug and alcohol addiction. In addition to our effective and affordable shorter-term residential and outpatient programs and our distinctive long-term faith-based recovery program, we have extensive prevention and transitional/aftercare services.

People Incorporated Project Recovery
317 York Avenue #5, St. Paul MN 55130
Phone: 651-774-0011
Drop-in Hours: Monday–Friday 9–11 am.
Provides: A drop-in center and case management service that provides a safe space for individuals who are homeless and have a history of chemical use. Sobriety is not a requirement but drugs and alcohol are not allowed on the property.
Services: Non-clients can access drop-in services such as Recovery and Harm Reduction Groups, referrals to case management, community activities, shower facilities, and a pool table. Individuals who are homeless and have chemical health needs may be eligible for enrollment into Project Recovery's case management program. Clients and case managers work together to access benefits, treatment, health care, shelter, housing resources, medication management and talk therapy.

Ramsey County Chemical Health Unit
402 University Avenue East, St. Paul MN 55130
Phone: 651-266-4008
Hours: Monday–Friday 8 am–5 pm.
Provides: Ramsey Co. Chemical Health Services no longer provides chemical health assessments and only determines eligibility for substance use disorder funding assistance. **Direct Access** is the only way to access substance use disorder services. Direct Access is financial assistance that can be used to help residents pay for substance use disorder services. Direct Access focuses on individual choice and reduces barriers to obtain substance use disorder services .Residents and providers can apply for Direct Access by emailing a completed Rule 24 Eligibility Application, proof of residency and income verification to chs.chemicalhealthunit@ramseycounty.us or faxing to 651-266-4435.Community chemical health providers can contact the placement team on behalf of a resident by filling out an External Release of Information Form and faxing it to our team at 651-266-4435.We cannot disclose any information after an applicant has been approved or denied for funding .If you would like more information about Direct Access, please visit DHS Substance Use Disorder (SUD) Services website

Ramsey Co. Detoxification & Withdrawal Management Program
402 University Avenue East, St. Paul MN 55130
Phone: 651-266-4009
Hours: Seven days a week, 24 hours a day.
Provides: Substance withdrawal management services to people in need of detoxification. We also provide assessments, interventions, and referrals to aftercare services. RCWMP services address the unique medical and cultural needs of each patient, including translation services and meeting dietary needs. We encourage all patients to remain in care for as long as necessary and enter recommended programs for `ongoing recovery. Services will not be denied if a resident is unable to pay.

Tubman
4432 Chicago Avenue South, Minneapolis MN 55407
Phone: 612-870-2426
Provides:Assessment for chemical dependency.
Remarks:Various payment options are accepted.

Union Gospel Mission Twin Cities Christ Recovery Center
435 East University Avenue, St. Paul MN 55130
Phone: 651-789-7648
Provides: Addiction recovery for men that incorporates the 12 Steps of Alcoholics Anonymous with biblical principles. Education, job training, and support groups provide a holistic approach to care.
Remarks: Designed for those facing late-term addiction who are committed to recovery.

Section 4.
Education & Employment

A. Educational Programs

Adult Literacy Hotline
Phone: 1-800-222-1990 ***Website:*** literacymn.org
Hours: Monday–Friday 8:30 am–4:30 pm; Friday 8:30 am–12:30 pm.
Provides: Referrals to literacy programs, GED, basic reading, English and ESL in Minnesota; computer skills, citizenship classes, adult diploma math classes; and distance learning.

Face to Face Academy
1165 Arcade Street, St. Paul MN 55106
Phone: 651-772-5544 ***Website:*** www.f2facademy.org
Provides: Charter high school for students who have not experienced success in more traditional school settings. Students must be between 15 and 19 and have completed the 8th grade.

International Institute of Minnesota
1694 Como Avenue, St. Paul MN 55108
Phone: 651-647-0191
Hours: Monday–Friday 8:45 am–5 pm.
Provides: English as a Second Language (ESL) classes Monday–Thursday; morning and evening classes. College Readiness classes, job skills training classes in Hospitality and Certified Nursing Assistance Monday-Friday. Refugee and immigration services.

Open Door Arlington Hills Learning Center
(a program of Literacy Minnesota)
1115 Greenbrier Street, St. Paul MN 55106
(in Arlington Hills Lutheran Church)
Phone: 651-793-4423
Provides: FREE English as a Second Language (ESL), citizenship classes, computer classes, and preschool classes for children of onsite adult learners, ages 3-5. Daytime classes only Monday through Thursday. Times and class offerings vary.
Remarks: Reach out for more information or call the Adult Literacy Hotline for more details on class offerings at each site statewide 1-800-222-1990.

St. Paul Public Schools Placement Center
2102 University Avenue West, St. Paul MN 55114
Phone: 651-632-3700 ***Website:*** www.apply.spps.org
Remarks: This is the main contact number for enrolling children into St. Paul Public Schools, and for school record requests. Information and referral can be given for such additional school programs as Early Childhood education, special education, and others. Spanish, Hmong and Somali translators are available, as is a Karen support person. Call for more information.

Vietnamese Social Services of Minnesota
277 University Avenue West, St. Paul MN 55103
Phone: 651-632-8927 ***Website:*** www.vssmn.org
Hours: Monday–Friday 8:30 am–4 pm.
Provides: Free English as a Second Language (ESL or ELL)classes for adults ages 17 and up, Career Pathways, Family Literacy, Basic Skills Enhancement, Workplace Literacy and US Citizenship/Civics. Provides in person classes with transportation assistance, on line met classes, and distance learning. Classes are MFIP eligible.

Veterans

Veterans Welcome Center—MCTC
1501 Hennepin Avenue South #T.3406, Minneapolis MN 55403
Phone: 612-659-6580
Provides: Preparation to start or return to college. Advising and referrals for academics, career, and military education benefits.

B. Job Training & Placement

CareerForce
540 Fairview Avenue North Suite 103, St. Paul MN 55104
Phone: 651-539-4100 ***Email:*** careerforce.saintpaul@state.mn.us
Hours: Monday through Friday 8 am–4:30 pm.
Provides: Computerized job listings. Career lab includes library of employment publications, interviewing and resumes; on-line job banks, child care information, and the Minnesota Career Information System are available on computers.

Goodwill/Easter Seals
553 Fairview Avenue North, St. Paul MN 55104
Phone: 651-379-5837
Provides: Goodwill-Easter Seals provides NO COST, hands-on training to eligible students along with job placement assistance. Eight- to twelve-week classes offer certification in Automotive Service, Business Professional Pathways, IT Core Skills, and Construction. Students learn the technical skills needed for their new career and receive assistance with resumes, applications, interviewing, job search, retention and advancement. In addition we offer College and Career Navigation to support students interested in additional post-secondary education options.
Remarks: Apply online at ges.org/training.

HHH Job Corps Center
1480 Snelling Avenue North, St. Paul MN 55108
Phone: 651-642-1133
Enrollment Phone: 1-800-733-5627
Office Hours: Monday–Friday 8 am–5 pm.
Provides: Vocational training for persons ages 16–24 who are generally low or moderate income. Training is in areas of: culinary arts, painting and wallpapering, certified nursing assistant, office administration, sign and display, construction, communications, and transportation. GED and basic skills classes, job placement assistance, a residential living program and on-site health & wellness services available. It is a zero-tolerance campus for bullying and violence, drug use.

Open Access Connections
Phone: 651-643-0883
Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit http://tinyurl.com/OACOutreach for updated outreach locations.
Remarks: See page 19 for process and requirements to get free Lifeline cell phones.

Ramsey County Community Career Labs
Phone: 651-266-9890

Opportunity Center: 422 Dorothy Day Place, St. Paul MN 55102

Downtown: 121 7th Pl. E., Skyway Ste 2500, St. Paul MN 55102

CareerForce: 540 Fairview Ave. N. Ste 103, St. Paul MN 55104

Maplewood: 3001 White Bear Ave Ste 1022A, Maplewood 55109

Roseville: 2180 Hamline Avenue North, Roseville MN 55113.

Provides: Free services are available to all job seekers, including computer and internet access, skill assessments, workshops and training information.
Remarks: Hours vary. Call for information.

St. Paul Public Library
Phone: 651-266-7000
Provides: 14 locations throughout the city that offer free job search help and computer skills classes. This includes walk-in, one-to-one help with job search assistance counselors as well as Internet, email, and Microsoft Word classes. Our programs, classes and services are free, and all are welcome. Call or visit www.sppl.org/workplace, or stop in at any Saint Paul Public Library to learn more.

Small Sums
2375 University Ave. W. Suite 150, Saint Paul MN 55114
Phone: 651-242-9441 ***Website:*** smallsums.org
Provides: Small Sums provides free help to homeless and housing insecure individuals, who have found new jobs, with the specific things that they need to start back to work, such as: required work clothes and work shoes, trade tools, professional licenses or union dues, and bus passes.
Remarks: Call 651-242-9441 for intakes and program questions. All services are free.

C. Day and Temporary Labor

Note: persons who apply to work at a day or temporary labor firm will be asked to provide a picture ID and social security card; and for those who are not US citizens, a "green card" will be required.

Adecco Personnel Services
7401 Metro Blvd., Suite 150, Edina MN 55439
Phone: 952-544-0044 ***Website:*** www.adeccousa.com
Hours: Monday–Friday 8 am–5 pm; call for appointment.
Type of work: Clerical, warehouse, and light industrial
Remarks: Some testing and previous experience is required.

AppleOne
Phone: 952-897-0887 ***Website:*** AppleOne.com
Hours: Monday–Friday 7:30 am–5:30 pm.
Type of work: Administrative Assistants, Data Entry, Customer Service, Light Industrial, Warehouse, Assembly, Human Resources. (1st and 2nd shift)
Remarks: Complete career profile online or call to schedule an interview. Background check and drug screen will be done if client requires it. Interview and resume required for all positions; some testing required for clerical and assembly.

Atlas Staffing
189 7th Place East, St. Paul MN 55101
Phone: 651-222-5894 ***Website:*** www.atlasstaffinginc.com
Hours: Monday–Friday 5 am–5 pm.
Type of work: Light industrial, warehouse, packaging, food service, assembly, moving.
Remarks: Some positions require a background check. Stop in anytime to apply (except 8–9 am and 1–2 pm) or apply online.

Doherty Staffing
1546 Woodlane Drive, Woodbury MN 55125
Phone: 651-771-2368 (call/text) ***Website:*** www.doherty.com
Hours: Monday–Friday 8 am–5 pm.
Type of work: Light industrial, food service, clerical, administrative, and some technical positions.
Remarks: An interview and skills testing are required. Clerical assignments are handled at a different office. Call 651-489-5000.

Midwest Staffing
1919 University Ave W. Suite 160, St. Paul MN 55104
Phone: 651-641-0442
Hours: Monday–Friday 8 am–4:30 pm. Call to make an appointment to apply.
Type of Work: Light industrial, clerical

People Ready
1201 Robert Street South, West St. Paul MN 55118
Phone: 651-774-9675
Hours: Monday–Friday 7 am–5 pm.
Type of Work: light industrial, heavy industrial, machine/assembly, packaging, general labor, and hospitality.
Remarks: Call for an appointment for application and interview. They work with felony-friendly employers. Download the "Jobstack" app to apply. After a successful application, work assignments could begin the next day.

Section 5. Special Help & Advocacy

A. Youth Programs

Face to Face Academy
1165 Arcade Street, St. Paul MN 55106
Phone: 651-772-5544 ***Website:*** www.f2facademy.org
Provides: Charter high school for students who have not experience success in more traditional school settings. Students must be between 14 and 19 and have completed the 8th grade.

Goodwill/Easter Seals YouthBuild!
635 Prior Avenue North, Suite 76, St. Paul MN 55104
Phone: 612-424-1050
Provides: GED prep or online pathway to high school diploma, hands-on construction training and leadership development at no cost to young adults ages 16-24 not currently enrolled in school. Students have assistance preparing for work or further schooling and support in their next step. Students can earn a stipend (up to $125 per week!) based on program attendance and bonuses for milestones achieved.
Remarks: For more information, call or text 612-424-1050, email youthbuild@gesmn.org or visit us online at www.goodwill-leasterseals.org/services/career-training-support.

SafeZone
130 7th Street East, St. Paul MN 55101
Phone: 651-224-9644
Hours: Monday through Friday 9 am–6 pm.
Provides: Homeless youth programs for youth ages 14–24 who are experiencing homelessness or at risk of being homeless. SafeZone drop-in center, assistance with immediate needs, personal care items, case management, housing, jobs, and much more.

B. Services for Immigrants

African

African Community Services
1305 East 24th Street, Minneapolis MN 55404 (Lower level)
Phone: 612-721-9984
Hours: Monday–Friday 9 am–5 pm
Provides: Services for newly arrived refugees including: employment assistance (application/resumé preparation, job search skills, interview preparation), refugee social service programming including assistance finding child care, housing, MNSure, home furnishings (Bridging referral agency) and other supportive referrals.
Remarks: Call program manager to determine program eligibility. Staff speaks nine African languages. Accepts walk-in appointments.

Karen

Karen Organization of Minnesota
2353 Rice Street, Suite 240, Roseville MN 55113
Phone: 651-788-7593 ***Website:*** www.mnkaren.org
Hours: Monday-Friday 8:30 am-5 pm.
Provides: Support and services for Karen and all refugees from Burma in Minnesota. Services include employment training and job search assistance, referrals to social services, health care, and housing. Youth programs include academic tutoring, socialization education, mental health referral, leadership training, and vocational training.

Vietnamese Social Services of Minnesota
277 University Avenue West, St. Paul MN 55103
Phone: 651-632-8927 ***Website:*** www.vssmn.org
Hours: Monday–Friday 8:30 am–4 pm.
Provides: Services for Karen refugees. Karen Support Project: access to medical, social, and economic services. Elders: individual help in accessing medical and social services, Social Security, transportation, ESL classes open to anyone, and US citizenship classes. Self-sufficiency: employment and job search/placement services and follow-up. Health Education: preventive health education and information; classes on topics such as chemical dependency, cancer, nutrition, and diabetes; and access to cancer screening; Karen mental health–classes and referrals to mental health services. Literacy: English and Workplace English classes. There are also MNsure navigators to assist with health insurance questions. Translators available in Karen, Vietnamese, and Burmese.

Korean

Korean Service Center
630 Cedar Avenue South #B-1, Minneapolis MN 55454
Phone: 612-342-1345
Hours: Monday–Friday 8 am–5 pm.
Provides: Advocacy and support for Korean families, individuals and seniors; translation services, public housing application, and meals for senior citizens; information and referrals to other social service agencies; assisted living program for residents of Cedar Square.

Latino

Comunidades Latinos Unidos en Servicios (CLUES)
797 East 7th Street, St. Paul MN 55106
Phone: 651-379-4200 ***Website:*** www.clues.org
Hours: Monday–Friday 8:30 am-5 pm.
Provides: Classes in English, computers, citizenship, and literacy; employment advocacy; small business assistance; women's program; seniors program; chemical health and mental health assistance. Legal rights clinic, call 651-752-6677. The Minneapolis CLUES office has additional vocational, counseling, chemical dependency, health related programs, and GED preparation classes. Call 612-746-3500 for more information.

Mexican Consulate/Consulado de México
797 East 7th Street, St. Paul MN 55106
Phone: 651-771-5494
Emergency/Protection Phone: 651-771-5494 ext. 301,302 and 323.
Hours: Monday–Friday from 8 am–1 pm.
Provides: The Mexican consulate serves to protect Mexicans and assist them with US government relations within its jurisdiction (MN/SD/ND/Western WI). It can assist with acquiring important documents like passports, birth certificates, military cards, and protection of rights.

Traducción de español

Comunidades Latinos Unidos en Servicios (CLUES)
797 East 7th Street, St. Paul MN 55106
Teléfono: 651-379-4200 ***El sitio web:*** www.clues.org
Horas: de Lunes–Viernes de 8:30 am–5 pm.
Servicios: Consejería para jovenes que tienen dependencia química; clases de ingles, computatdores, y ciudadanía; asistencia a pequeñas empresas. Consejería de Derechos Legales llamé 651-752-6677. La oficina de CLUES en Minneapolis tiene otro programas como: empleo, dependencia química, programas de salud y clases de GED. Llamar a 612-746-3500.

Mexican Consulate/Consulado de México
797 East 7th Street, St. Paul MN 55106
Teléfono: 651-771-5494
Emergéncia: 651-771-5494 ext. 301,302 and 323.
Horas: Lunes a Viernes, 8 am–1 pm.
Servicios: Tramites, Nacionalidad, Acta de Nacimiento, Documentos y Apostilla, y servicios de Protección Consular. La salvaguarda y defensa de sus derechos fundamentales e intereses en sus relaciones de naturaleza civil, penal, laboral, administratva, migratoria y judiciales con autoridades extranjeras y/o particulares. La jurisdicción del consulado es los estados de Minnesota, South Dakota, North Dakota, y el oeste de Wisconsin.

Vietnamese

Vietnamese Social Services of Minnesota
277 University Avenue West, St. Paul MN 55103
Phone: 651-632-8927 ***Website:*** www.vssmn.org
Hours: Monday–Friday 8:30 am–4 pm.
Provides: Basic need services for Vietnamese refugees and immigrants. Elder Circle (Hoi Cao Nien VSS): social/recreational activities and support services for seniors

C. Help for Veterans

Minneapolis VA Community Resource & Referral Center (CRRC)
1201 Harmon Place, Suite 103, Minneapolis MN 55403
Phone: 612-313-3240
Hours: Monday through Friday 7 am–5 pm.
Provides: Counseling, medical care, employment services, housing referrals, veteran benefits information, and substance use disorder services. Laundry and shower facilities are available as well as other on-site community services, including a computer lab.

Minnesota Assistance Council for Veterans (MACV)
1000 University Ave. W. Ste 110, St. Paul MN 55104
Phone: 612-726-1327
Hours: 8 am-5 pm. Call to set up an intake.
Provides: Transitional housing, rental assistance, employment and legal services for veterans. Call for information about eligibility.

Minnesota Department of Veterans Affairs
20 West 12th Street, Room 206, St. Paul MN 55155
Phone: 651-296-2562.
Provides: Assistance in securing benefits for all veterans. Outreach department locates and assists minorities, female, and homeless veterans in an effort to meet the unique needs of these specific members of Minnesota's veterans community.

Ramsey County Veterans' Service
90 West Plato Blvd. Suite 210, St. Paul MN 55107
Phone: 651-266-2545
Hours: Monday–Friday, 8 am–4:30 pm.
Provides: Assistance to all veterans, veterans' dependents and survivors to apply for state, federal or county benefits. Veteran Service Office will help veterans access medical benefits and housing assistance through the VA Medical Center. If veterans benefits are not available staff can provide referrals to other sources of services.
Website: www.ramseycounty.us/residents/assistance-support/assistance/veterans-assistance.

St. Paul Vet Center
101 5th Street East, Suite 101, St. Paul MN 55101
Phone: 651-644-4022
Hours: Monday–Friday from 8 am–4:30 pm. Call for an appointment. Evening hours available by appointment.
Provides: Readjustment counseling services to Veterans, actively-serving military and their families who have experienced deployment to a warzone or area of hostility, military sexual trauma, or as part of a drone crew, and bereavement services. Vet Centers offer support services for employment, Veteran Benefits explanation, and therapies to help clients struggling with Substance Use Disorder, Anger Management, MST, PTSD, Depression, Anxiety and more.

The Salvation Army Harbor Light Center
1010 Currie Avenue, Minneapolis MN 55403
Phone: 612-767-3100 x3144
Provides: Transitional housing services for service-connected veterans at Harbor Light Center and scattered-site locations.
Remarks: Veterans must apply through VA Medical Center or at the Veteran's Community Resource and Referral Center (see page 54).

U.S. Department of Veterans Affairs
Mental Health Homeless Program outreaches to homeless veterans and provides information and counseling about benefits, chemical & mental health treatment, housing and other medical services.
Phone: 612-313-3240 (Monday–Friday 7 am–5 pm)
Outreach locations: Call for outreach schedule at these sites. Minneapolis: Catholic Charities Opportunity Center, The Salvation Army Harbor Light Center, Simpson Shelter. St. Paul: Dorothy Day Center, Union Gospel Mission, Listening House.

Union Gospel Mission Twin Cities–Men's Veterans' Program
435 University Avenue East, St. Paul MN 55130
Phone: 651-292-7642
Provides: Transitional housing for veterans. Veterans' Lounge, Bible Study, Dedicated program staff
Remarks: Transitional housing for veterans. Must be able to maintain self-care. Rooms are $350 per month.

Veterans Welcome Center—MCTC
1501 Hennepin Avenue South #T.3406, Minneapolis MN 55403
Phone: 612-659-6580
Provides: Preparation to start or return to college. Advising and referrals for academics, career, and military education benefits.

D. Victims of Abuse and Crime

Women & Children

Cornerstone
24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111. Text to 612-399-9995.
Provides: Crisis advocates are available to talk confindentially with anyone experiencing domestic violence, sexual violence or human trafficking. Emergency housing for families and individuals in crisis who are victims of domestic abuse, sexual abuse or trafficking. Clients also have access to full range of supportive services.
Remarks: Can provide a variety of resources to those seeking information, including referrals to support groups, possible transitional housing and options for legal advocacy.

Esperanza United
Crisis/Intake phone: 651-772-1611 (24-hours; bilingual)
Provides: Safe shelter for women and children. Support for LGBTQ community members.
Services: Will help women find transitional housing as well as apply for welfare assistance if needed; community advocacy program for Latinas also available. Bilingual (English/Spanish) staff.

PRIDE / The Family Partnership
Phone: 612-886-5929
24-hr crisis line: 612-728-2062 / 1-888-PRIDE99
Remarks: PRIDE serves women and sexually-exploited youth who are victims of sex trafficking/sex exploitation. They have support groups for individuals who are are at risk or involved in prostitution. Case management and court advocacy, and LGBTQ services are provided.

Women of Nations—Eagle's Nest Shelter
24-Hour Crisis/Intake phone: 651-251-1609 or 1-877-209-1266
Provides: Safe shelter for 44 women, children and transgender individuals who are victims of domestic violence. Can provide referrals if needed.
Services: Community Advocacy Program provides assistance with Orders for Protection, housing, food, support groups and childrens programs. Emergency center for domestic abuse victims.

Women's Advocates
24/7 Crisis Line: 651-227-8284
Live Chat: www.wadvocates.org/find-help/
Provides: We provide 24-hour support to victim-survivors of domestic violence on our 24/7 crisis line and live chat online; secured shelter housing for victim-survivors and their children leaving abuse; advocates who work within the legal system to write orders for protection and other legal documents; advocates who provide childcare and tutoring for children residing in-shelter; advocates who provide support for victim-survivors searching for or maintaining safe, affordable housing
Remarks: Some services are for shelter residents only. Please contact us via the 24/7 Crisis Line or live chat to learn more.

Men and Women (Adults and Youth)

Cornerstone
24-Hour Crisis Phone: 952-884-0330 or toll-free 1-866-223-1111. Text to 612-399-9995.
Provides: Emergency housing for families and individuals in crisis who are victims of domestic abuse, sexual abuse or trafficking;. Clients also have access to full range of supportive services. Male victims receive safe and comfortable alternative housing while also accessing comprehensive services.

Domestic Abuse Project, Inc.
1121 Jackson Street NE, Suite 105, Minneapolis MN 55413
Phone: 612-874-7063 ext. 232
Hours: Monday, Wednesday and Thursday 9 am–7 pm; Tuesday 9 am–6 pm; Friday 9 am–3 pm. Intake currently is being done virtually.
Provides: Crisis counseling, intervention, long term counseling and support groups; therapy for families, and a support group for veterans. Legal and community advocacy programs are offered, as well as groups for children and adolescents who witness domestic violence.
Remarks: Services are for individuals who use abusive behaviors, victims/survivors of domestic violence, and children witnesses. All services are on a sliding scale based on ability to pay.

OutFront Minnesota
2446 University Ave W., Suite 112, St. Paul MN 55114
Phone: 612-822-0127 or toll-free 1-800-800-0350
Email: access@outfront.org
24-hour crisis hotline: 612-822-0127, Option 3
Website: https://www.outfront.org/crisis-anti-violence
Provides: Advocacy, information, support, counseling and safe-house referrals for victims of domestic violence. Serves the whole LGBTQ community. Offers free support groups for survivors of partner violence.

Order for Harassment Restraining–Ramsey County
Room B122 Juvenile & Family Justice Center
25 West 7th Street, St. Paul MN 55102
Phone: 651-266-5130
Hours: Mon–Fri 8 am–4:30 pm; walk-in available.
Remarks: For anyone who has experienced repeated or single-incident words, gestures or behavior that would threaten their safety, security, and privacy. No relationship need exist between persons. There is a fee to file ($300), but it can be waived sometimes, so bring proof of income with you. If interpreter is needed, call to make an appointment.

Order for Protection–Ramsey County
25 West 7th Street Room B122, St. Paul MN 55102
Phone: 651-266-5130
Hours: Mon–Fri 8 am–4:30 pm; walk-ins available.
Remarks: For people living together (or have lived together) or for people who are related by blood, married, divorced, or who have a child in common. There must be actual or threatened violence or imminent fear in the recent past. There is no fee to file. If interpreter is needed, call to make an appointment.

Order for Protection–Metro Area
Hennepin County: 612-348-5073
Washington County: 651-770-0777 (Tubman crisis line)
Dakota County: 651-377-7900

Note: Court Operations Associates are here to provide you with information regarding Orders for Protection and Harassment Restraining Orders. We strongly encourage you to fill out paperwork and file your documents online through MN Guide and File (www.mncourts.gov/Help-Topics/Guide-and-File.aspx). MN Guide and File is a web-based electronic tool that helps you create and file forms online. If this technology is not avaialble to you, we have a computer in our office that you may use, or we can provide you the packets in paper form. Once you have completed your paperwork and submitted it to our office, either in paper form or electronically, the Court Operations Associates will process your paperwork and forward your pleadings to a judicial officer for review. You will be contacted by our office with the judicial officer's decision and next steps.

Open Access Connections
Phone: 651-643-0883
Provides: Through community outreach sites and a network of community agencies, they provide free individual voice mail phone number for low income people to receive messages as they look for jobs, housing, and maintain contact with health care and social services. It also can be a safe phone number for victims of domestic abuse. Call for a referral to a participating agency or visit http://tinyurl.com/OACOutreach for updated outreach locations.
Remarks: See page 19 for process and requirements to get free Lifeline cell phones

E. Legal Assistance

Immigrant Law Center of Minnesota-Oficina Legal
450 North Syndicate Street, Ste 200, St. Paul MN 55104
Intake Phone: 651-641-1011 ***Toll-free Intake:*** 800-223-1368
Intake hours: Monday and Wednesday 10 am–1 pm; Tuesday 1–4 pm; Thursday 3–6 pm. *Physical office is closed. Intake via phone only.*
Provides: Legal representation, brief services, and advice in various immigration matters to low-income immigrants and refugees of all nationalities.
Remarks: No fee for services for those who qualify; interpreter services are available as needed.

Neighborhood Justice Center
500 Laurel Avenue, St. Paul MN 55102
Phone: 651-222-4703
Hours: Monday–Friday 8:30 am–4:30 pm; Call for appointment.
Provides: Legal representation for people who are charged with crimes in Ramsey, Dakota and Washington Cos who cannot afford an attorney. Also does expungement for those three counties.
Remarks: Services are provided on a sliding fee based on income.

Southern Minnesota Regional Legal Services (SMRLS)
55 East 5th Street, #400, St. Paul MN 55101
Intake Phone: 1-877-696-6529
Intake Hours: Monday-Friday 9 am–11:45 am and 12:30-3 pm or online anytime at www.smrls.org.
Provides: Legal advice and representation in housing, public assistance, family law, education, and immigrations cases. Clients must meet eligibility factors including those based upon income.
Remarks: In-office meetings are by appointment only.

Tubman Legal Services
4432 Chicago Avenue South, Minneapolis MN 55407
Phone: 612-870-2400
Hours: Hours vary. Call for more information.
Provides: Legal advice and representation support services for family law matters.
Remarks: Fees vary based on services. Half hour individual appointments available.

Your right to file a charge of discrimination is protected by law. If you are a victim of a reprisal or further harassment because you have filed a complaint, you should notify the Department of Human Rights immediately.

Minnesota Department of Human Rights
540 Fairview Avenue North, Suite 201, St. Paul MN 55104
Phone: 1-800-657-3704 or 651-539-1100
Website: www.humanrights.state.mn.us
Hours: Monday–Friday 8 am–4:30 pm, excluding holidays.
Remarks: The Minnesota Human Rights Department enforces the Human Rights Act which prohibits discrimination. We investigate charges of discrimination, Equity and Inclusion for state contracting and Educate to reduce discrimination and disparate outcomes.

F. Police Misconduct

If you are the victim of police misconduct or abuse you should do several things:
—seek medical attention
—write down the details right away
—photograph the injuries
—contact witnesses, if any

If you think you were discriminated against on the basis of age, ancestry, color, creed, gender, national origin, religion, or sexual preference, contact:
St. Paul Dept. of Human Rights and Equal Economic Opportunity
15 West Kellogg Blvd. Room 280 (City Hall-Courthouse)
Phone: 651-266-8966
Hours: Monday–Friday 8 am–4:30 pm.

Federal Bureau of Investigation (FBI)
1501 Freeway Blvd., Brooklyn Center MN 55430
Phone: 763-569-8000
The FBI investigates cases of police misconduct as they relate to federal civil rights laws. If you should witness or be a victim of police misconduct, call the FBI and ask to speak to someone about a civil rights matter.

St. Paul Police-Civilian Internal Affairs Review Commission
15 West Kellogg Blvd. Room 280, St. Paul MN 55102
Phone: 651-266-8970 ***Website:*** www.stpaul.gov/pciarc
Email: CivilianReview@ci.stpaul.mn.us
Hours: Monday–Friday, 8 am–4 pm. Walk-ins and by appointment.
Remarks: The Police-Civilian Internal Affairs Review Commission is a partnership between the community and the St. Paul Police Dept. The City established the commission to receive and review complaints concerning the conduct of St. Paul peace officers.
Procedure: If you feel you or someone else has been treated improperly or unfairly by a St. Paul peace officer, you can file a complaint with the Commission. To file a complaint, you must have been a victim of the misconduct or witnessed it. You must also sign a complaint. The complaint must concern misconduct of a peace officer in their work *as an officer*. Assistance and accommodation, including language assistance are available upon request.

Citizen Complaint Centers can also assist with filing a complaint:
1. NAACP, Hallie Q. Brown Center 651-649-0520
2. St. Paul Police Dept.-Internal Affairs, 651-266-5760
3. District 2 Community Council 651-774-2220
4. West Side Community Organization 651-293-1708

G. Programs for Ex-Offenders

VOA-MN/Amicus
3041 4th Avenue South, Minneapolis MN 55407
Phone: 612-877-4250
Hours: Monday–Friday 9 am–noon and 1–3 pm.
Remarks: "Reconnect," is a referral program for re-entering offenders who are searching for jobs, housing, family services, transportation, clothing, sobriety supports and other needs. Available to offenders in all Minnesota facilities (state and federal) and all ex-offenders, whether just out or years after release. Amicus Ex-Offenders support group is being restarted. Call for more information.

H. Transportation

Metro Transit
For Transit options:
- Contact Metro Transit at 612-373-3333 option 2 or text 612-444-1161 or:
- Visit metrotransit.org and click the "Need Help" button on the bottom right of the page.

Learn more about Metro Transit's **Transit Assistance Program (TAP)** offering discounted fares for those that qualify or sign up at the following locations:

- St. Paul Metro Transit Service Center (US Bank Ctr Skyway), 101 E. 5th Street, St. Paul MN 55101
  Hours: 8:30–11:30 am and 12–2:30 pm.
- Minneapolis Metro Transit Service Center, 719 Marquette Avenue, Minneapolis MN 55402
  Hours: 8:30–4 pm.
- Burnsville Transit Station, 100 Hwy 13 East, Burnsville MN 55337
  Hours: 8 am–4:30 pm.
- SouthWest Transit Station, 13500 Technology Drive, Eden Prairie MN 55344
  Hours: 6:30 am–6:30 pm.

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Order Form for the 2024–2025 St. Paul Handbook of the Streets:

Name _____

Agency _____

Address _____

City, ST ZIP _____

Phone: _____

Email: _____

Handbook of the Streets orders are now billed based on total number of books ordered.

Bulk Rate per copy	# of Copies of St. Paul Handbook	Cost per Book	Total Cost
1–10		$3.50	
11–25		$3.00	
26–100		$2.50	
101+		$1.75	

Total number of copies: _____

Postage and handling (see chart below): $_____

Amount due:

(A) Cost of books: $_____

\+ (B) Postage: + $_____

= TOTAL DUE = $_____

These prices are in effect through 3/1/25. After that, call 612-870-2283 for updated pricing.

Total Copies	Add Postage
1	$2.75
2-15	$7.00
16-40	$9.50
31-75	$15.00
76–90	$19.00
91-110	$24.00
110-150	$31.00
151+	Call for total

Check made payable to:
Agate Housing and Services

Mail to:
Agate Housing and Services
Attn: Handbook
2309 Nicollet Avenue
Minneapolis, MN 55404
Phone: 612-870-2283

About Agate Housing and Services

Founded through the merger of St. Stephen's Human Services and House of Charity, Agate was created in 2021. With 70 years of combined experience, Agate now provides a full continuum of programs. We meet every person facing housing instability where they are — with integrity, humanity, and reativity, all while fighting for equity. Now one of the largest service providers in the state, Agate is breaking the cycles of generational poverty and homelessness.

Street Outreach

Street outreach serves those living unsheltered. Services include personalized support to work towards housing, daily meals, a food shelf, public showers, mail service, and birth certificate applications. There are no requirements or other barriers to receive these services.

Emergency Shelter

Temporary shelter while working towards a permanent home. Agate shelters offer beds for single men and couples. Services include personalized support, a goal-structured plan towards permanent housing, meals, and access to health services.

Permanent Shelter

Housing with no time limits. Agate offers a spectrum of options, from dorm-style living at Agate's Board and Lodge to traditional, single household apartments. Personalized support continues for those who need it to support their housing stability.

Prevention

Supporting folks with a home in staying there. Services include landlord mediation, connection to supportive funding, rental assistance, and rehousing, if needed.

agate
housing + services

Agate Housing and Services
2309 Nicollet Avenue
Minneapolis MN 55404
612-874-0311
www.agatemn.org